

FREE EVENT

Community Walk & Run

Mental Health is Ours

**SATURDAY, MAY 16
10AM - 12PM**

IHART
2 Florida St.
Vallejo, CA 94590

EVENT SCHEDULE

Check-In & Registration
9:30AM

Runners Start
10:00 AM

Walkers Start
10:30 AM

MOVE YOUR BODY & SUPPORT MENTAL WELLNESS

Join us for a community walk and run in recognition of Mental Health Month. Together we can raise awareness and remind each other that caring for our mental health is something we all share.

DETAILS

Approx. 2 miles
Start and finish at 2 Florida St, with a scenic waterfront route.

Children Are Welcome
All participants under 18 must be accompanied by an adult.



**REGISTER
TODAY**

i For more information email
communications@felton.org

**Can't attend but still
want to support mental
health services?**

Make a donation at
felton.org/donate