

Family Support
For young parents and their families



Our Programming

Felton
institute **TAPP**

Teenage Pregnancy and
Parenting Program

About Our Program

Felton Institute's **Teenage Pregnancy and Parenting program (TAPP)** serves young parents under the age of 19 who are journeying through parenthood with children aged 8 and under.

We've designed our services with young parents in mind, recognizing that their unique needs deserve intentional, culturally, and linguistically appropriate services. We offer a wide range of support services, including early care and education, school readiness, family support services, and assistance with community resources.

The Teenage Pregnancy and Parenting program (TAPP) provides comprehensive case management for expectant and parenting teens.

TAPP is committed to fostering the growth, resilience, and success of pregnant and parenting teens, laying a strong foundation for their future and that of their families.

Our comprehensive approach ensures that the needs of both the young parents and their children are met, setting the stage for a healthy, successful future.

If you know someone who could benefit from our services, please reach out to us by email:

✉ FamilySupport@felton.org

🌐 felton.org/TAPP

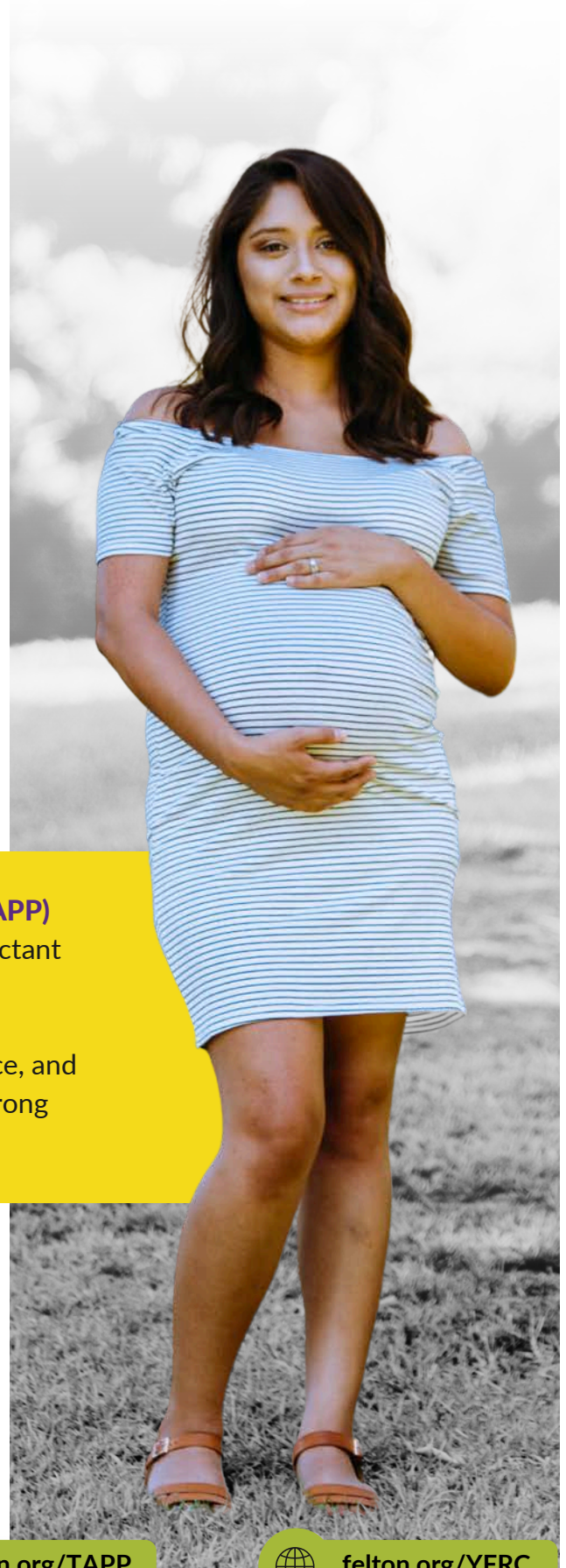
🌐 felton.org/YFRC

2730 Bryant St, 2nd Floor, San Francisco, CA 94110 • Ph: (415) 282-1090 • Fx: (415) 824-2416

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About Our Programming



HOLISTIC SUPPORT

Our program is rooted in a holistic approach that recognizes the multifaceted challenges that pregnant and parenting teens face. We provide personalized case management services that encompass physical health, emotional well-being, education, and community connections.



PRENATAL AND POSTNATAL CARE

We prioritize the health of both mother and child. Our team ensures access to quality prenatal care, offering guidance on nutrition, exercise, and overall well-being during pregnancy. Postnatally, we continue to provide support, ensuring the health and development of the newborn, including offering on-site childcare.



EDUCATIONAL GUIDANCE

We understand that education is pivotal for building a brighter future. Our case managers work closely with pregnant and parenting teens to help them continue their education, whether through traditional high school, GED programs, or other educational pathways.



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FAMILY-CENTERED APPROACH

We recognize the importance of family in the lives of our clients. Our program extends support to fathers and other family members, fostering a nurturing environment for both the teen parent and their child.



MENTAL HEALTH AND EMOTIONAL WELL-BEING

Navigating the challenges of parenthood as a teen can be emotionally demanding. We provide access to mental health services, counseling, and support groups to ensure emotional well-being for both the parent and child.



PREVENTING REPEAT PREGNANCIES

Our focus goes beyond the immediate needs of the present. We offer guidance on contraception, family planning, and healthy relationships to help prevent repeat pregnancies and empower young parents to make informed choices.



COMMUNITY CONNECTIONS

We believe in the strength of community support. Our program connects young parents with a network of resources, including early care and education services, parenting classes, and employment opportunities.



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EMPOWERMENT AND ADVOCACY

Our case managers act as advocates, empowering young parents to become self-advocates in their own lives. We provide the tools and knowledge necessary for them to navigate healthcare systems, educational institutions, and community resources independently.



CULTURALLY COMPETENT CARE

We respect and celebrate the diversity of our community. Our services are culturally sensitive and tailored to meet the unique needs of each individual and their family.



LONG TERM SUCCESS

Our goal is to support pregnant and parenting teens not just through immediate challenges, but to equip them with skills and resources for long-term success.

We believe that through our dedicated case management services and wrap-around support via our **Young Family Resource Center (YFRC)**, these young parents can achieve their aspirations and provide a bright future for themselves and their children.



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PROVIDING SUPPORT TO YOUNG PARENTS AND THEIR FAMILIES.



At TAPP & YFRC, a pregnant and/or parenting teen can find a person to talk to and assist with:

- Access to Weekly Onsite Farmers Market
- Family Planning Education and Referrals
- Parenting and Child Development Education
- Childcare Referrals
- Nutritional Counseling for Parent and Baby
- Vocational Services / Job Readiness Training
- School and Academic Support / GED Classes
- Shelter / Housing Referrals
- Legal Services Referrals
- Domestic / Relationship Violence Intervention
- Mental Health Therapy / Counseling Referrals
- Drop-in Resource Center
- Family Art and Cultural Activities
- Early Literacy Groups
- Peer Support Groups
- Computer / Study Areas
- Clothing and Emergency Diapers
- Health Education Workshops
- Childbirth Preparation
- CalFresh / CalWORKs / Medi-Cal Applications



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San Francisco
Department of Public Health

 San Francisco Department of
Early Childhood

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