# OUR PROGRAMMING



### Felton SEEDS

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Supporting Early Education, Development & Socialization

Providing vital support for families with children aged 0-5 who have disabilities or developmental delays.

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## **ABOUT SEEDS**



### A BRIEF INTRODUCTION TO OUR PROGRAM

Felton's Supporting Early Education, Development & Socialization (SEEDS) program provides vital support for families with children aged 0-5 who have disabilities *or* developmental delays.

Established in 2024 with funding through the San Francisco Department of Early Childhood, our two primary service areas include **Care Coordination** and **Developmental Playgroups**, all designed to address the unique needs of children and their families.



## **KEY ASPECTS**

### WHO WE SERVE

We serve **San Francisco** families with children from **birth to five years old** identified through the Ages and Stages Questionnaire (ASQ) as having a developmental delay *or* developmental monitoring need. Our Developmental Playgroups provide a space for children with mild to moderate developmental delays who are not yet eligible for formal intervention through local regional centers or school districts. *Siblings or preschoolers transitioning from toddler classrooms are welcome to participate*.

### LANGUAGES

We provide services to families in **English** and **Spanish**, with additional language capacity provided through interpretation services.

### **OUR LOCATIONS**

SEEDS services are available at Felton's Early Care & Education (ECE) centers and the onsite Resource Centers, including Felton's Family Resource Centers. We provide accessible care to families across San Francisco.



## HELPING CHILDREN BLOOM





### Felton SEEDS

Supporting Early Education, Development & Socialization



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Provides vital support for families with children aged 0-5 who have disabilities or developmental delays through developmental playgroups, care coordination, facilitation of 'Parents Connect' peer support groups, and provision of at-home learning resources.







## **PROGRAMMING OVERVIEW**

We provide comprehensive support and guidance through:

### **DEVELOPMENTAL PLAYGROUPS**

Inclusive sessions for young children with moderate developmental delays, designed to bridge early developmental gaps.

### PARENTS CONNECT

Peer support groups and workshops, with guest specialists for expert guidance.

### HOME CONNECTIONS

Weekly materials, tailored strategies, and activities to support learning at home.

### **CARE COORDINATION**

Customized plans to address developmental needs, with access to therapy, education, and community resources.

- Case Management
- Linkage Services
- Service Navigation
- Family Advocacy





PROVIDING VITAL SUPPORT FOR FAMILIES WITH CHILDREN AGED 0-5 WHO HAVE DISABILITIES OR DEVELOPMENTAL DELAYS.

## **DEVELOPMENTAL PLAYGROUPS**

### • PLAYGROUP LOGISTICS

Felton's Developmental Playgroups are 90 minutes long and occur twice a week for a 12-week cycle on-site at one of Felton's inclusive Early Care and Education (ECE) center locations.

### • EARLY DEVELOPMENT SUPPORT

Felton's Developmental Playgroups are designed for children from birth to five years old who are experiencing moderate developmental delays but may not meet eligibility for formal intervention or are awaiting approval for Golden Gate Regional Center (GGRC) services.

### • DEVELOPMENTAL SCREENING

Children undergo developmental screenings at entry using the Ages and Stages Questionnaire (ASQ), to monitor progress and address developmental concerns.

> Register for a FREE developmental playgroup online at Felton.org/SEEDS

### • ENGAGING PLAY SESSIONS

These inclusive, play-based sessions are facilitated by two Early Interventionists, focusing on areas of early childhood development through engaging, meaningful activities.

### **Playgroup: CLEMENTINES**

Date: Mondays and Wednesdays Time: 10:30 AM – 12:00 PM Location: Sojourner Truth Center (STC) Address: 1 Cashmere Street, San Francisco Ages: Under 18 months at the start of the group

### Playgroup: APPLES

Date: Tuesdays and Thursdays Time: 4 - 5:30 PM Location: Family Developmental Center (FDC) Address: 2730 Bryant Street, San Francisco, CA Ages: 18 months – 5 years at the start of the group

### **Playgroup: BANANAS**

Date: Tuesdays and Thursdays Time: 10:30 AM - 12 PM Location: Family Developmental Center (FDC) Address: 2730 Bryant Street, San Francisco, CA Ages: 18 months – 5 years at the start of the group

## **BRIDGING THE GAP**

### **BUILDING STRONG FOUNDATIONS THROUGH PLAY**

Our goal is to bridge the gap and support children's growth and development during these crucial early years. We achieve this through **comprehensive screenings** and **individualized goals**.



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## GOALS

### **DESIRED OUTPUTS AND OUTCOMES**

Our Developmental Playgroups provide intentional time where peerpeer and peer-adult social interactions are facilitated by two Early Interventionists in a 1-3 adult/child ratio. Our playgroups focus on developmentally appropriate, play-based activities that target all areas of early childhood development.

### • DEVELOPMENTAL MONITORING

Participating children receive developmental screenings and have their development monitored and supported by an Early Interventionist, who intentionally designs activities that enrich each child's learning.

 $\rightarrow$  Children learn, grow, and progress in their development.

### • **RESPONSIVE INTERACTION & PLAY**

Parents learn more about their child's development and ways to support their growth through responsive interactions and play. → Parents use responsive interactions and play with their children more.

### • PEER SUPPORT

Parents receive support from other parents and learn through others' lived experiences. → *Parents feel more supported*.

### • RESOURCE LINKAGE

Each family will receive care coordination and case management services to ensure resource and navigation  $\rightarrow$  *Families will have access to the resources they need.* 





## PLAYGROUP ACTIVITIES

### HE CREATIVE CURRICULUM

We use *The Creative Curriculum*, which is also implemented in our general ECE programs. This curriculum emphasizes the importance of routines (hellos and goodbyes, handwashing, mealtimes, etc.) as critical learning moments, aligning with our Activity-Based Intervention approach. Embedded instruction within play-based activities allows us to meet the individual developmental goals of each child.



Each child has three developmental goals created with their ASQ (Ages and Stages Questionnaire) results, input from their family, and in tandem with existing intervention plans (e.g., IFSP goals or IEP goals). These goals are naturally embedded into the playgroup's routines.



Weekly songs and activities are centered around a book. Access to materials is sent out in a weekly announcement using the Remind app.



Caregivers and children participate in a welcome and closing circle time to create community, strengthen child-caregiver relationships, and provide intentional modeling opportunities on how to individually engage each child in song and reading activities.



Families have communication with the Early Interventionists in person before and after each playgroup, and through the Remind and Sparkler apps. In addition, photos and artwork may be shared.

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### **REGISTER FOR A DEVELOPMENTAL PLAYGROUP**

Our 12-week program offers 90-minute, twice-weekly sessions for children (0-5) with moderate delays, focusing on growth through inclusive, play-based activities.

### **REGISTRATION INFO:**

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## **CARE COORDINATION**

### ENSURING FAMILIES RECEIVE COMPREHENSIVE SUPPORT

Personalized plans are created with families to address their child's developmental needs. We provide access to resources such as therapy, education, and community services, collaborating with the Golden Gate Regional Center (GGRC) to develop actionable goals.

### CASE MANAGEMENT

Ongoing guidance helps families understand the early intervention system. We assist with paperwork, service coordination, and accessing community resources to support their child's development.

### LINKAGE SERVICES

Connecting families to partners such as Support for Families of Children with Disabilities, facilitating referrals, and providing ongoing support to ensure they can access the necessary services. We also provide linkage to other necessary services that benefit families such as food, housing assistance as well as, if needed, support with mental health and crisis and emergency support.

### SERVICE NAVIGATION

We help families understand and access services approved by GGRC, the San Francisco Unified School District (SFUSD), or other early childhood education (ECE) centers.

### FAMILY ADVOCACY

Empowering families to advocate for their child's needs during the Individualized Family Support Plan (IFSP) or Individual Education Plan (IEP) process is central to our approach. We equip families with the knowledge to navigate systems confidently.



## PARENTS CONNECT



### A SPACE TO CONNECT WITH OTHERS PARENTS FACING SIMILAR CHALLENGES

Facilitated by Parent Fellows along with Felton staff, these sessions feature rotating guest specialists or community partners.

#### Parents Connect aims to:



Build a supportive, parent-led community.



Provide expert consultation on accessing services and navigating systems.



## PARENTS CONNECT: TOPICS



### PLAY. GROW. Thrive. Together.



Topics explored in Parents Connect include:



### PARENT/PEER-TO-PEER SUPPORT GROUPS

Spanish and English support groups, groups for parents of children with special needs or those focusing on social-emotional development.



### PARENT/CHILD INTERACTIVE GROUPS

Infant massage, expressive arts for young children, and play-based learning groups.



### CURRICULUM-BASED PARENTING WORKSHOPS

Classes like Attachment Vitamins, which focus on early childhood attachment.



### EARLY LITERACY ACTIVITIES

Social-emotional development, understanding IFSP/IEP, supporting children with special needs, Autism spectrum support, and online modules from "Help is in Your Hands"

## HOME CONNECTIONS



Home Connections extends the learning from both the developmental playgroups and Parents Connect into the home environment throughout the week, providing families with a variety of resources and activities.

Each week, families may receive:

### • READ-ALOUD LINKS

Access to weekly read-aloud materials in both English and Spanish featuring the books read during playgroups.

### • ACTIVITY GUIDES

Activities associated with the read-aloud books, using readily available home materials.

### • SONG LYRICS SHEETS

Lyrics to songs sung during circle times to encourage at-home singing and interaction.

### • ASQ ACTIVITY SHEETS

Parents receive these materials during screenings, offering further guidance for supporting their child's development.

### • HANEN APPROACH

Therapists guide parents in supporting language development.

### • KIMOCHIS® ACTIVITIES

Social-emotional learning tools may be introduced by Social Emotional Learning Specialists.

### • SONG LYRICS SHEETS

Lyrics to songs sung during circle times to encourage at-home singing and interaction.

### • "HELP IS IN YOUR HANDS" MODULES

Evidence-based early intervention resources from the Early Start Denver Model (ESDM), especially for children with Autism.

### • PERSONALIZED STRATEGIES

Early Interventionists provide tailored strategies for home activities after each playgroup session.

Supporting Early Education Development & Socialization





**Service Area:** The City and County of San Francisco

Hours (Mon-Fri): 8:30 AM – 4:30 PM

Evening and weekend programming by appointment only.

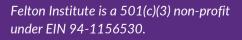
### SAN FRANCISCO OFFICE

Family Developmental Center (FDC) 2730 Bryant Street, 2nd floor, San Francisco, CA 94110

### Scall Felton Institute

(415) 474-7310, and ask for "SEEDS"

WEBPAGE felton.org/seeds







PROVIDING VITAL SUPPORT FOR FAMILIES WITH CHILDREN AGED 0-5 WHO HAVE DISABILITIES OR DEVELOPMENTAL DELAYS.

San Francisco Department of Early Childhood

Felton Institute's Supporting Early Education, Development & Socialization (SEEDS) program is funded by the <u>San Francisco Department of</u> <u>Early Childhood (SFDEC)</u>.