



KNOW YOUR HIV STATUS. GET TESTED!

Concerned about HIV and need
someone to talk to?

Felton Institute's San Francisco
Suicide Prevention Program's
HIV Nightline is open 24/7.

[sfsuicide.org](https://www.sfsuicide.org)



San Francisco Suicide Prevention's HIV Nightline Program History



In 1989, a small group of San Francisco Suicide Prevention volunteers with AIDS recognized that the community needed counseling services. They realized that nighttime emotional support is essential for people with HIV as medications and emotional stress often result in sleep disturbances and that HIV-related emotional concerns such as anxiety, despair, loneliness, grief, and suicidal ideation are at their peak during nighttime hours.

We have since seen many changes in the HIV epidemic. In some ways, the issues our callers face have shifted dramatically, especially due to the hope resulting from improved treatment strategies. What has not changed is fear. Today our clients face the fears of treatment failure, new health epidemics such as Hep C and cancer, and negotiating a new world of living with HIV. The Nightline is as necessary now as it was in 1989. We remain the only program of its kind in the United States.

CALL 415-434-2437 OR TEXT "HIV" TO 415-200-2920. 24/7 EVERY NIGHT. EVERY DAY.

