



**FSA**  
Family Service Agency  
of San Francisco

*Lives Transformed*



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## Felton's Debra Collins Attends New York MI Training with Dr. Stephen Rollnick



MINT Training in Brooklyn, New York with Dr. Stephen Rollnick



MI Training with Felton's Senior Division

By invitation, Felton Coach and Trainer Debra Collins, LMFT, Member of Motivational Interviewing Network of Trainers (MINT), participated in a one-day training workshop with Stephen Rollnick, PhD, co-founder of Motivational Interviewing (MI).

Debra and six of her fellow MINT trainers, pictured above, gathered on Monday, November 20, 2017, at Merkaz Hall in Brooklyn, New York, for the training session. NACHAS Consulting, a behavioral health services and training organization, sponsored the event. Attendees of the training workshop were behavioral health providers serving the underserved in their respective communities.



MI Training for Episopal Community Services of SF

The workshop covered the overall spirit of Motivational Interviewing and the listening skills that form MI's foundation. Also addressed was the relevance of MI for health practitioners' everyday practice. In addition, participants had the opportunity to practice skills through real play and role play scenarios.

MI is used in mental health care and addiction and other settings where clients are

confronted with a need to change. MI has to date over 700 published controlled trials. MI is designed to help practitioners in diverse settings explore their clients' motivation, not by trying to persuade clients to change, but rather to evoke within themselves their own reasons for change.

Dr. Rollnick is responsible for much of the development work of MI. His resume includes Honorary Distinguished Professor at Cochrane School of Primary Care and Public Health, Cardiff University, and he is a clinical psychologist with many years of experience in service provision and in the training of practitioners. Dr. Rollnick co-authored *Motivational Interviewing: Preparing People for Change* (Miller and Rollnick), 1991; 2001 and 2012; *Motivational Interviewing in Schools* (Rollnick, Kaplan, and

Rutschman, 2016) and *Health Behavior Change: A Guide for Practitioners* (Rollnick, Mason and Butler, 1999).

In October, Motivational Interview training was held for the caseworkers and clinicians from the Episcope Community Services of San Francisco, and a two-day training was held for Felton's Senior Division.

More information about the training is found here:

[Introduction to motivational interviewing by Stephen Rollnick, PH.D.](#)

## Season of Sharing honors Felton's Early Crisis Intervention and Eviction Assistance Program

Victoria Gray, Case Manager for Felton's Early Crisis Intervention and Eviction Assistance Program pours her heart into her work, working tirelessly to help people in need keep a roof overhead, or find a new one when necessary.

"We won an award from The Chronicle's Season of Sharing Fund this fall for our many years of services and dedication!" Victoria beamed.

In cooperation with the sheriff's department, Felton's program provides early crisis intervention and homelessness prevention services to individuals and families at immediate risk of eviction. Created in 1998, the Early Crisis Intervention and Eviction Assistance Program has helped thousands avoid homelessness and the greater vulnerabilities that result from eviction. For more information, please visit the [Early Crisis Intervention And Eviction Assistance](#) (EAP) program page, and to learn more about The Chronicle Season of Sharing Fund, please visit [seasonofsharing.org](#).



Miguel Mercado and Victoria Gray



## Annual Holiday Giving Program and Gift-Wrapping Party



Many thanks to everyone who supported Felton's Annual Holiday Giving Program for Felton clients! Donors chose cards describing needed gifts and then dropped off unwrapped presents. On December 14, 2017, Felton's classroom was transformed into a holiday gift-wrapping shop, where one could almost feel the warmth radiate from the digital fireplace crackling on the screen while Felton staff toiled feverishly to cover for Santa's elves during this busy season. Felton President and CEO Al Gilbert also brought his deft wrapping skills to the occasion

Thanks very much to Half Price Books for supporting our Family Gift Drive and making holiday wishes come true for nearly 500 children, youth and families.

It is certain the selfless efforts will be appreciated by the little ones and their families on some early morning in the near future!



Left: A table of treasures - Right: Dr. Robin Oriiz, Candy Marie Wikert, Al Gilbert

## Breakfast with Santa and Felton Holiday Party



On December 2, 2017, Felton's Young Family Resource Center was holiday command central, with Fun Committee elves cooking pancakes, hash browns, bacon and eggs, then assisting the children and grandchildren of Felton employees with crafts before their audience with jolly St. Nick. The room was festively decorated with poinsettias, snowmen, tinsel, and a huge Christmas tree. Santa's robust greeting of "Ho, Ho, Ho, Happy Holidays!" rang throughout the room. The Fun Committee wanted to provide a new tradition of thanking Felton staff for their dedication by adding more joy and delicious treats to the holiday season.

Less than a week later, the Fun Committee hosted a holiday party to which all staff and board members were invited. This year marked the launch of the inaugural Felton Employee of the Year and Leader of the Year awards. Welcoming all to a winter wonderland, President and CEO Al Gilbert congratulated staff on milestones achieved in service delivery, then led a moment of silence in memory of members of the Felton community who had passed during the last year. Board Chair Amy Solliday expressed appreciation for the amazing dedication of Felton staff. Amid intervals of line dancing and raffle prizes, Marvin Davis, CFOO, and Yohana Quiroz, COO of CYF and TAY Divisions, warmly teased revelers, building the suspense regarding nominees and winners of the new awards. The nominees for Leader of the Year included Bruce Adams, Carole McKindley-Alvarez, Adrienne Abad Santos, Anna Ballas, Sherece Cooks, Ed McCrone, and Bryan Milonja; Adrienne and Anna were among the winners.

The nominees for Employee of the Year were Ramona Burnell, Monet Burpee, Leroy Cooper, Rod Cooper, Monique Hamilton, Cynthia Rangel, Lisa Sosnovskaya, Madonna Stancil, Anthony Vasquez, and Angela Williams; the winners were Angela, Leroy, Lisa, and Rod. This year's raffle prizes were true crowd pleasers, including a Fitbit, virtual reality glasses and a highly coveted flat screen television. The photo booth with props provided lots of laughter and warm memories to savor from a wonderful celebration.





Above: Employees of the Year Nominees - Below: Leaders of the year Nominees



## A Holiday Treat for Monterey's Early Psychosis Program Team



On a beautiful December afternoon, Robert Kurtz, MD, psychiatrist for Felton's Early Psychosis Program, hosted a luncheon at The Beach and Tennis Club in Pebble Beach for the entire Monterey team. This gathering gave an opportunity for all Felton staff to come together to celebrate and honor everyone's hard efforts throughout the year with a festive holiday spirit. "As a team we are able to unite, work closely with one another, provide support, and stay strong during difficult situations. This luncheon is a reminder of our accomplishments, as we continue to grow as a team," said intake coordinator and office manager Alicia Reithknecht.

## Felton and You: Giving Thanks and Spreading Holiday Joy to Our Families



Felton's Children, Youth and Family (CYF) Division was happy to share in spreading holiday cheer this Thanksgiving-one home delivered turkey at a time.

This Thanksgiving Day, our partnership with the SF Peninsula Basket Brigade provided 36 turkey basket meals to 36 young families who are participants in Felton's Teenage Pregnancy and Parenting Program (TAPP), a program of Felton's CYF Division.

On November 14, the turkey basket meals were home-delivered to 36 young families. This is the second year SF Peninsula Basket Brigade has provided Thanksgiving meals to Felton's TAPP families, with 12 meals donated last year, and 36 this year, tripling the number of meals given this Thanksgiving.

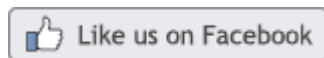
Many thanks to SF Peninsula Basket Brigade for kindly helping to give Felton's CYF and TAPP families a joyous Thanksgiving Day!

During the holidays and throughout the year, Felton Institute offers support for those in need. With our 50 programs in 11 languages, we serve people at multiple sites throughout San Francisco and the greater Bay Area. Our comprehensive mental health and social services place special emphasis on the needs of low-income families, children, the elderly and people living with disabilities. Our programs have been recognized as national models and have received the highest possible ratings from San Francisco's Department of Public Health.

As 2017 comes to a close, we want to express our sincerest thanks to you, our generous supporters, for the many ways in which you have invested in Felton Institute and ultimately, in the people of San Francisco and Northern California we heartily serve. Because of your generous donations, we are able to provide a wide range of programs that address mental health, medical, educational, economical, employment and housing needs which serve thousands of people in need. We rely on monetary funding as well as partnerships with other Bay Area organizations to accomplish our mission. We appreciate your continued support.

From all of us at Felton Institute, many thanks to you for your generous support! Happy Holidays to you and yours!

**Your generous donations transform lives. Thank you!**



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