

November 2015



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Tredeen "Tree" Tether Retires After Twenty Terrific Years with Felton

Smiles, tears, laughs, and amusing anecdotes fit for a roast abounded at the retirement luncheon for Felton Compliance Officer Tredeen "Tree" Tether on September 22nd in the meeting room at 1500 Franklin Street in San Francisco. Felton President & CEO Al Gilbert fondly referred to Tree as "the glue of our organization" adding, "I am so glad that you will have time to enjoy yourself. Just know that you will be really, really missed."



**SPOTLIGHT:
Congratulations to
Paul Hickman,
Recipient of the Benito
Casadas Peer
Supporter of the Year
Award**

Kudos to Felton's Paul Hickman for a well-deserved honor that took him by complete surprise and nearly left him speechless at the 5th annual Mental Health Services Act (MHSA) Awards ceremony held October 15th at the Scottish Rite Masonic Center in San Francisco!

Paul, Felton's Peer Case Aid Community Liaison, received the first ever Benito Casadas Peer Supporter of the Year award. The late Benito Casadas, who passed in March of this year, was an esteemed Felton Institute staffer who dedicated his career to advocacy for and support of the rights of those diagnosed with mental illness.



Tree reads vase inscription

Felton Quality Assurance Director Dr. Ed McCrone was the lead organizer of the gift laden fete, which included an exquisite engraved vase and San Francisco Giants souvenirs.



SF Giants Memorabilia

Heart felt sentiments and a handmade quilt from Coco Jefferson evoked tears of appreciation. Coco's delicious homemade cake (decorated with the same colors as the quilt) and the Mexican luncheon were consumed with vigor.

" I was honored to call him my friend, " Paul shared. Benito's legacy is evident in the lives of the people he impacted who continue to miss him. "Even at the end, Benito believed that I could do this job. He encouraged me to go for it," Hickman remembers fondly.

A Felton staff member for the past nine years, Paul's journey here began when he was a client before he began working at the Curry Senior Center. Today, Hickman leads the activities for seniors 60 and over, and is involved in outreach at 1500 Franklin where he connects with clients through home visits, lunch outings, transportation to doctor's appointments and encourages them to widen their social circle.

"Work is fulfilling. I really love helping people. Sometimes we have a call, and it's someone who just needs someone to go sit and talk to them. It's really important. They feel good about having someone to talk to," he enthused.

In addition to awards, the MHSA ceremony featured entertainment. Paul and other members of the planning committee performed a skit, which he said was a breeze, compared to accepting his award in front an audience of 350 people.

"I had to go up on stage and say something. I had butterflies. But



Quilt and Cake by Coco

Tree's eyes glistened as the former nun thanked everyone, shared a photo from her early days at Felton and her plans to move to Stockton, saying, "I really hate leaving everybody". While contemplating her travel plans, she joked, " I just hope I can avoid sea sickness on my first cruise!"



Early Years at Felton

Felton Senior Services Division Director Cathy Spensley thanked Tree for her 5 years with GSW as well as her 20 years with Felton, saying, "So fabulous working with you. You have done so much, and all of us, especially the seniors, thank you so much!"

when you get up there, it's ok. Fellow colleagues were there, getting awards and supporting. We had a connection. It felt good," said Hickman.

The MHSA awards celebration publically honors clients and former clients for their personal achievements in wellness and recovery, who have participated in MHSA funded programs in San Francisco.

The Mental Health Services Act, Proposition 63, which was passed on November 2, 2004, provides mental health treatment, prevention and early intervention, education and training to Californians affected by mental illness.

A unique aspect about the MHSA awards ceremony is the fact that this large event and all of the activities leading up to the event are planned and coordinated primarily by a 17 member consumer planning body, with the assistance of the Mental Health Association of San Francisco.

"Most of the members of this committee are past award winners. We believe that recruiting from past awardees validates their amazing recovery process by decreasing stigma and isolation; and may help them continue on a path of recovery and wellness. As providers, administrators and frontline staff, this is why we do the work that we do," said Lisa



Vickie Castro, Tree and Ed McCrone



Cathy Spensley Presents

Party with a Purpose Celebrates 10 Years Devoted to Creating San Francisco as "A City For All"

Imagine a city where the elderly and people with disabilities are valued, included, respected and celebrated. Imagine San Francisco.

On October 23rd, Cathy Spensley, Felton's Division Director of Senior Services, was a lead host for "Party with A Purpose," a celebration for the 10th anniversary of the Long Term Care Coordinating Council, which featured Aging and Disability Friendly SF (friendlysf.org). Aging and Disability

Reyes, MPH at MHSA.

Nominations for the awards are accepted from staff members and peers. Clients and former clients from more than 90 area mental health focused agencies funded by MHSA are eligible for nomination. To date, 703 clients of mental health services have received an award and public recognition.

Congratulations, Paul, for receiving the Benito Casadas Peer Supporter of the Year award and thank you for your service to seniors in our community!

Yohana Quiroz Sworn In as Mayoral Appointee for the Citizen's Advisory Committee for the San Francisco Office of Early Care and Education

Friendly SF is part of the World Health Organization's network of Age-friendly Communities and AARP's Livable Communities. Cathy's co-leader is a UCSF School of Nursing professor.



Over 300 in Audience

More than 300 people, including Felton President & CEO Al Gilbert and several senior division managers, enjoyed the "Party with A Purpose" festivities at the San Francisco Public Library at 100 Larkin Street. Seniors, people with disabilities, representatives from the Mayor's office, city departments, nonprofits, foundations and universities attended the highly anticipated event.



The Dance Generators



Felton Institute is pleased to announce the appointment of Yohana Quiroz, Division Director of Children, Youth and Family Services, as Mayoral Appointee for the Citizen's Advisory Committee for the San Francisco Office of Early Care and Education, representing Seat 3 as an early care and education provider, serving infants and toddlers from birth to age three.

October 7th, the day Yohana was sworn in, was an important and exciting day for Yohana and for Felton.

"I am truly honored to have the opportunity to work alongside eight other committee members representing various constituents and to be part of an amazing group of community leaders and change agents working to improve outcomes for children and families

The Dance Generators delighted the crowd with their opening performance. Felton's own Beth MacLeod, Senior Division Director of Clinical Supervision, is a long time member of the company.

Keynote speaker, John Feather, CEO of Grantmakers in Aging, declared his intention to "set San Francisco on fire about being more aging and disability friendly."



Keynote Speaker John Feather

Washington, D.C. resident, Feather, definitely fanned the flame as he informed the audience about the national effort to reframe issues around ageism. These efforts are funded by seven of the largest associations in aging, including AARP and NCOA, funders of Felton's SCSEP program. (SCSEP is a workforce training program for older adults, age 55 and older.) Feather emphasized that the national effort is essential for putting policies in place that will support our growing population, not only nationally, but globally as well. He noted areas which will feel significant impact going forward including Medicare and Social Security. Feather is a longstanding

of San Francisco," said Yohana.



Looking toward the future of early childhood education, we are excited that, over the next three years, Yohana will represent Felton and be a voice for the voiceless and an advocate for change in our educational system.

We commend Yohana for her work supporting quality education for children at Felton's Family Developmental Center and ultimately, for the children of San Francisco.

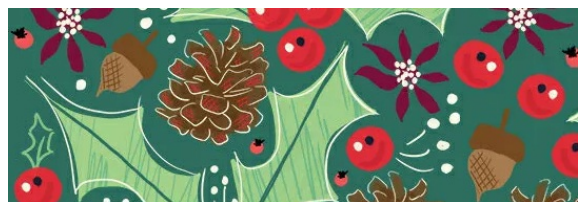
**50th Anniversary of
Foster Grandparent
Program and Senior
Companions**

advocate of the global age-friendly communities movement.

In 2014, San Francisco joined the World Health Organization's network of Age-friendly Cities and AARP's Livable Communities. In an effort to keep San Francisco a city for all, The Mayor's Long Term Care Coordinating Council is actively engaged in creating an age-friendly and disability friendly city. The Council consists of 41 members from city departments, non-profit agencies, community groups, consumers and advocates.

"This was a great start to what I expect to be an annual event, demonstrating the leadership capacity of Felton's staff in their expertise and advocacy in addressing significant issues," said Spensley.

Former SCSEP Trainee, Paul Grant, captured the event on video. Grant's participation in the SCSEP program led him to permanent employment as a videographer with Community Living Campaign. It is rewarding to see our senior programs at work, helping older adults in our community.



**2015 Felton Holiday
Party**

Celebration will be held at GAP Headquarters

On January 14, 2016, more than 150 Foster Grandparents and Senior Companions are expected to celebrate the 50th Anniversary of the Foster Grandparent Program and the Senior Companions Program. The festivities will be hosted at The GAP headquarters at 2 Folsom Street in San Francisco from 4:00pm – 6:00pm.

Karen Garrison is the Program Director of the Foster Grandparent and Senior Companions Programs. She delights in planning this program every year and is excited about its growth. Board member Amy Solliday has made this year's exciting hosting venue possible.

The Foster Grandparent Program was one of 20 original national pilot projects, and it now enjoys a long tradition of success. Foster Grandparents volunteer 15 to 30 hours or more per week sharing their life experiences with children who don't have the opportunity to connect with older adults on a daily basis.

Felton's Senior Companions Program provides critical peer-to-peer support to homebound seniors and disabled adults living in our community, so that they can "age in place". Senior Companions provide 15–20 hours per week

Tis the Season...

...for festive times!

Join Felton | FSA for our annual Holiday Party.

HOST: Felton | FSA's Children, Youth and Family Division

WHEN: Friday, December 4, 2015

TIME: 4:30pm – 8:00pm

WHERE:

2730 Bryant St. 2nd Floor

Near TAPP Offices

San Francisco, CA 94110

(415) 282-1090

If you haven't sent your RSVP, be sure to join us!



Felton Holiday Party 2014

Felton Programs & You

Felton Institute invests in multiple program divisions that serve the widest spectrum of clients in San Francisco.

FEATURED FELTON PROGRAMS

FOSTER GRANDPARENTS

The Felton "Foster Grandparent" Program is a group of seniors who serve in classrooms, pre-schools, and children's units in hospitals.

Foster Grandparent participants are

through regularly scheduled home visits, translation assistance, light tasks, and escorts to medical appointments. This is a wonderful opportunity to thank our seniors for their service!

Felton Fact



Katharine "Kitty" Felton

The San Francisco earthquake and resulting fire of 1906 was the greatest catastrophe in American history, up to that point.

Immediately after the earthquake, Kitty Felton stepped up to the plate and swiftly seized the opportunity to integrate emergency relief. Her combined efforts with that of other

charged with developing one-to-one consistent relationships with the children who have special needs by tutoring, mentoring, and providing emotional support.

The volunteers are limited-income, mobile seniors, age 55 and older, who receive small stipends for providing support services for 20 hours a week to the children with special needs.

PREP

The "Prevention and Recovery in Early Psychosis" (PREP) program was established with a commitment among the partners to seamlessly integrate a number of evidence-based practices that have demonstrated their effectiveness in addressing the needs of individuals experiencing early signs of psychosis.

The PREP program has experienced tremendous success in changing the lives of those who realize they are experiencing "things that are not normal."

PREP helps identify the psychosis the individual is experiencing and by working with the young adult, finds the triggers and develops a path to resolve issues so the person can function effectively in today's society.

MULTILINGUAL

Our multilingual services allow us to reach many different populations who are often overlooked because they do not speak English.

YOUR VALUED PARTICIPATION

associated San Francisco charities let to temporarily merging with the fledgling American Red Cross, which was established just a few years before Kathrine Felton established, in 1889, what is today the Felton Institute.

Under Kitty's direction, the super-organization managed the entire 1906 Earthquake Relief Program.

The combined 1906 earthquake relief effort included:

- Water, Food, Housing and Shelter
- Temporary Aid and Transportation
- Business Rehabilitation
- Relief of the Aged and Infirm, Unsupported Children and Friendless girls
- Relief of Unsupported or Partially Supported Families
- Occupations for Women and Confidential Cases

The organization successfully raised a total of \$225 million (2015 equivalent) dollars. As a result, the relief effort became the model foundation for long-range relief efforts across the country.

Source: "Katherine Felton and her social work in San Francisco" by Jean Burton.

With your help, we can continue to be the answer for many men, women and children in need.

Your gift of any amount will make a difference to people living among us who require social services, mental health care and ongoing intensive care management.

DIMINISHING RESOURCES

Your donation is particularly important today as federal and state government resources continue to diminish.

With your support, we can help even more people get their lives back on track. Please consider sending a tax-deductible donation to the Felton Institute today.

OUR APPRECIATION

We thank you for being a partner with Felton Institute and helping us pay it forward.

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