

Transforming Lives

Felton Institute responds to human needs by providing cutting edge, evidence-based social services that transform lives.

Named for its maverick executive director, Katharine “Kitty” Felton, Felton was founded with the mandate that children and families in crisis must have access to social services and resources in order to help them build upon their inherent strengths and develop self-sufficiency. For more than 129 years, Felton has been a leader in innovative mental health and social service programs for all.

Felton’s mission is to respond to human needs with innovative social services and treatment that combine evidence-based practices with cultural sensitivity and a deep respect for our clients. We place special emphasis on the needs of low-income families, children, the elderly and people living with disabilities.

Our programs have been recognized as national models and have received the highest possible ratings from San Francisco’s Department of Public Health.

“People are so brave. The human race is more valiant than we have any right to expect.”

~ Katharine Felton





Early Care & Education Programs (ECE)

In partnership with families, the vision of Felton ECE is to provide a community in which all children entrusted in our care are safe, valued and receive individualized learning opportunities to support the abilities and skills of the whole child, allowing them and their families to reach their full potential for success as lifelong learners.

The mission is to provide responsive developmental early care and education services in an equitable, nurturing, challenging and inclusive environment that addresses the medical, social and educational needs of the child and family, thereby helping them develop a solid foundation for lifelong development, family economic success, and hope for a successful future.

Every child will be provided the opportunity to learn, thrive and fully develop in all competencies at his/her pace.

Access to developmental child care services will be equitable and no family will be discriminated against on the basis of race, religion, national origin, physical or mental disability or perceived disability.

ECE is made up of the Felton Family Developmental Center, Sojourner Truth Center, Martin Luther King Jr. Center & the Felton Learning Center.



Family Division (CYF)



Full Circle Family Program

FCFP is an outpatient mental health program serving diverse, low-income children and teens ages 4-21 years old and their families. Full Circle Family Program brings together evidence-based intervention models specifically designed for children facing a range of behavioral health issues, including severe and persistent mental illness, trauma-

related conditions, family and intergenerational conflicts, reunification, recent immigration, and domestic violence/ community violence. The program uses a family strengths approach, working with children in the constellation of their caregivers, family and broader support systems, including schools and community-based organizations.

Childhood and adolescence are important developmental periods in a person's life. Nonetheless, mental health disorders and other behavioral issues can be a heavy burden for children, teens and their families. At FCFP, we offer a full range of services designed to help children and families heal and live a better quality of life.

Services focus on assessment, diagnostic evaluation, plan development, consultation, case management, individual and/or family therapy, crisis intervention, rehabilitation, medication support services, and collateral services. Services are provided at our clinic, schools and in the client's home.





Child Care Food Program (CACFP)

The Child Care Food Program operates on-site within the Family Developmental Center (FDC) and the Hilltop Developmental Center (HDC).

The goal is to provide foods high in nutrition so as to enhance health, well-being, development

and educational potential.

Infants and toddlers are introduced to a wide variety of fresh fruits, vegetables, whole grains, and protein foods which develop life-long healthy eating habits. The goal includes improving the diets of the children by providing them with nutritious, well-balanced meals and to promote pre-school readiness.

The Food Program integrated into the overall child development program philosophy by providing all children enrolled in the Hilltop Developmental Center and the Family Developmental Center, a nutritious breakfast, lunch and afternoon snack.

Beneficiaries of the program are not held financially responsible in an effort to assist the low income and at-risk families.



Family Division (CYF)



Infant Development Program (GGRC)

Felton's Infant Development Program provides early intervention services to children from birth to three years of age.

For over forty-five years, it has been the only program in San Francisco to serve infants and toddlers with physical and developmental needs,

within an inclusive program model. Special focus is placed on the following developmental domains: Adaptive, Personal-Social, Communication, Motor Development and Cognition, all targeted within an inclusive, natural context.

In partnership with Golden Gate Regional Center (GGRC), Felton's Infant Development Program serves children with a developmental disability, an infant or toddler (up to 36 months of age) who has a developmental delay, an infant or toddler (up to 36 months of age) for whom there are established risk conditions that could lead to a developmental delay or an infant or toddler (up to 36 months of age) at high risk of having a development disability due to a combination of biomedical factors.

The program provides the benefit of delivering evidence-based intervention within an enriched educational environment in which children with special needs and typically-developing children play and learn together.





Felton Early Autism Program (FEAP)

FEAP is an inclusive early intervention program for infants and toddlers with autism.

The Felton Early Autism Program (FEAP) brings together an evidence-based intervention model specifically designed for children on

the autism spectrum, and the child's natural learning environment. FEAP is the first inclusive center-based program in San Francisco with a curriculum designed specifically for children with autism.

FEAP is unique because we provide access to a high-quality intervention program for children with autism. Our program is targeted to deliver individualized intervention within an inclusive early care and education setting, with typically-developing peers. We provide access to community-based resources and support, access to an on-site multidisciplinary Early Intervention team, and access to staff with formal training in early childhood education and certification in the Early Start Denver Model.

The Early Start Denver Model is the only comprehensive early intervention model that has been validated in a randomized clinical trial for use with children with autism as young as 18 months of age. It is effective for children with autism across a wide range of learning styles and abilities.



Family Division (CYF)



Medically Fragile Infant/Toddler/ Preschool Program (MOLERA)

Family Development Center (FDC) offers childcare for infants and toddlers from birth to six years old who have been identified as having any chronic health conditions that require on-site nurse monitoring.

While benefiting from childcare services, their health is also monitored daily by our on-site, registered nurse. Their developmental needs are assessed regularly and care is provided as needed. Major areas of development that are assessed include social, emotional, cognitive, speech and language, self-help and fine/gross motor skills.

FDC believes that there are several essential components in helping children with special needs to reach their potential in all developmental areas including early intervention to maximize success; providing an inclusion-based environment; insisting on regular parent participation; providing structured, consistent and nurturing environments, and setting goals developed to meet the individual needs and interest of each child.

Eligible children attend FDC's MOLERA program full-time, five days a week.





Developmental Education and Parenting Program (DEPP)

DEPP provides low-income, at-risk parents with stipends and educational workshops that address basic childhood development issues.

Topics considered critical for participating parents to learn include, but are not limited to, early parenting practice and a child's cognitive, social, emotional and behavioral capacities to learn.

Working with a child's earliest educators—their parents—in a familiar and culturally-sensitive environment, DEPP helps low-income, at-risk parents begin to perceive themselves as their children's valuable and successful "first teachers."

The goal is to prepare the parents and make them aware of the long-lasting effects of early social interaction and environment on their child's overall emotional, psychological, physical and mental development.

Together, the parents and their child learn the best methods to function as a successful family unit.

The DEPP program operates under the Family Developmental Center.



Family Division (CYF)



Teenage Pregnancy and Parenting (TAPP)

TAPP began providing services in 1981, as a federal demonstration site for the Adolescent Family Life Program/Care Projects. Based upon the demonstration project's positive outcomes of reduced low birth weights, improved retention and/or re-enrollment in school, and the reduction on unwanted repeat

births, California legislation was passed to create its own Adolescent Family Life Program.

TAPP provides comprehensive case management to help ensure that expectant and parenting families up to age 19 have access to all available health, education, and social services for which they are eligible.

TAPP over time has systematically structured its wrap-around service programming, which has evolved into the Young Family Resource Center (YFRC). Since 2006, the YFRC has housed all teen/young adult family programming, including the TAPP case management AFLP services, delivering comprehensive, intensive case management through the YFRC.

The TAPP and YFRC programs serve over 200 pregnant and/or parenting teens or young adults and their children annually.





Realizing Employment and Creating Hope (REACH)

Through vocational case management services and employment training, the REACH program provides employment and educational services to at-risk youth citywide, specifically pregnant and parenting teens. The program's

primary academic partner is San Francisco Unified School District's Hilltop High School, which focuses on preparing pregnant and parenting teens to work toward completing high school and eventually receiving their diploma.

The REACH program offers intake and assessment services, job readiness workshops, career counseling, work site training, internships/placement services and stipends for incentives to promote retention. The integrated service model has an overall goal to connect youth to all academies or enroll them in post-secondary education.

In addition, we offer GED classes, providing alternative education programs for pregnant and parenting teens citywide.



Family Division (CYF)



Young Family Resource Center (YFRC)

The Young Family Resource Center (YFRC) is one of California's first peer-directed, peer-centered programs focused exclusively on teen and young-adult parents and their children. YFRC integrates a youth development model, peer-to-peer service delivery and wrap-

around resources, and serves as a model of family support and youth development principals.

YFRC serves clients citywide and offers a network of support services including: STEP parenting education, early literacy workshops, father support groups, art classes, family-centered activities, education around child-development, nutrition and cooking workshops and other educational classes for teen and young adult parents across San Francisco.

YFRC also uses the "Centering Pregnancy" model, which is a national standard for prenatal care, and is delivered in partnership with UCSF's Nurse and Midwives of San Francisco General Hospital.

Between weeks 12 and 16 of pregnancy, centering groups meet regularly through the postpartum period for better birth outcomes, self-care, support and friendship among group members, and more provider-patient contact.





Healthy Families, Healthy Lives “Familias Sanas, Vidas Sanas” Wellness Program

In Partnership with Kaiser
Permanente Community Program
and the San Francisco Food Bank,
our “Healthy Families, Healthy Lives”

wellness program operates on-site at the Family Developmental Center (FDC).

Free of charge, the program provides low-income at-risk families with fresh fruits, vegetables, whole grains, meat, poultry, nutritional and health workshops, and access to our Wellness Center, where we provide yoga, workout and dancing classes.

The goal of wellness programming is to assist in the prevention of chronic disease and obesity. By providing the foods, education and activities needed to meet the goal, participants are empowered to make informed decisions on how to take a holistic approach toward creating healthier habits for themselves and their children.

The Wellness Program is made available to all the families enrolled in any program within our Children, Youth and Family Division.

The program takes place every Tuesday in the Health and Wellness Resource Center.



Family Division (CYF)



Teen Resources to Achieve Positive Practices (T-RAPP)

T-RAPP is our primary teen and young adult parent-to-peer educator model program. Teen parents provide each other with peer support, taking on leadership roles and acting as outreach workers.

The program includes four components: peer counseling, peer education, community education and teen peer groups.

Services include classroom education; school and community presentations at youth and family fairs and forums; one-to-one education; peer educator support groups; and counseling for those in need.

T-RAPP serves students attending local middle schools and high schools within the county of San Francisco. The program works closely with the San Francisco Unified School District to provide teen-parent peer education in classrooms throughout the city.

Capturing a teen parent at the beginning of learning the lifelong skill of parenting is the perfect time to introduce other leadership skills.

Just as they have received help from others during their time of need, they too can offer others a helping hand in return.





Felton | FSA's Works Program

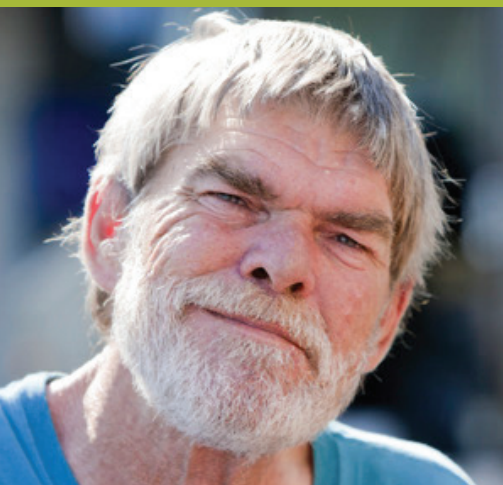
This is a well-thought-out path to employment that begins with volunteer opportunities and includes support and on-the-job training. The program is open to current Felton | FSA clients who are interested in pursuing employment opportunities but need a structured transition and basic pre-vocational training. We

assign volunteer positions designed to promote job training skills while empowering the individual.

The program begins with a six-month commitment to employment and provides each client with the opportunity to build basic employment skills such as maintaining a steady schedule, getting along with peers and supervisors, increasing focus and attention skills. Those who complete requirements for six months will receive an additional three months of support services and will graduate into the transitional stage.

Those who complete requirements for six months will receive an additional three months of support services and will graduate into the transitional stage. Clients work with their case manager to decide next steps, such as enrolling in an employment service program or educational courses.





Full Service Partnership:

Adult Care Management Program (FSP-ACM) and Comprehensive Adult Recovery and Engagement Program (FSP-CARE)

A collaborative partnership with other San Francisco community-based programs that provides direct support to low-income and homeless adults (18-60 years old), with histories of serious and persistent mental health concerns, often accompanied by chronic homelessness.

Our program mandate is to assist vulnerable San Francisco adults living with persistent and serious mental health issues (including individuals with multiple diagnoses), to both stabilize their lives, housing and overall function, and to become more independent, productive and satisfied members of the community.

The program provides an integrated recovery and treatment approach and includes family members, significant others and support persons in the client's life.

Team members are made up of a wide variety of personnel including licensed mental health professionals and trainees.





Young Adult Court

Young Adult Court (YAC) in San Francisco was established in summer 2015 for eligible young adults, ages 18-25. The court strives to align opportunities for accountability and transformation with the unique needs and developmental stage of this age group. The case load is

approximately 60-80 clients. Partner agencies include the Superior Court, Office of the District Attorney, Office of the Public Defender, the Department of Public Health, Adult Probation Department, Department of Children, Youth and their Families, and the San Francisco Police Department.

Community treatment and case management is provided by Felton Institute, which uses a trauma-informed model for service delivery, including intensive case management and therapeutic assessments for clients who are facing misdemeanor or felony crimes. Felton provides a strengths-based and client-centered approach with youth who also are challenged by substance abuse and co-occurring disorders and are deemed high-risk to reoffend in the community.

Clients are ideally engaged in YAC for a period of at least one year by transitioning through four phases, with an ongoing relationship of care in the areas of job readiness, housing, educational support and parenting.





Reconnecting All Through Multiple Pathways (RAMP)

RAMP is a job readiness program sponsored by the Workforce Development Division of the Office of Economic and Workforce Development (OEWD). The program, in partnership with Goodwill San Francisco and Felton I FSA , helps

young adults, ages 18-24 years old, connect with career opportunities that match up with their individual goals and needs.

RAMP assists with developing a wide range of necessary employable skills. This valuable job readiness program focuses on developing skills in searching for a job, interviewing and keeping a new job.

Other goals of the program aim to help individuals become economically self-sufficient. It works to empower participants to provide for themselves and their families for the long-term.

The RAMP program typically focuses on low-income individuals or other disadvantaged populations, but everyone is invited to participate, learn, practice, implement and eventually succeed.





Deaf Community Counseling Services (DCCS)

DCCS (formally known as the UCSF Center on Deafness) has served the community for over 45 years. In July 2012, the program transitioned to its new home at Felton Institute.

In partnership with the City and County of San Francisco, the Department of Public Health (DPH) and Community Behavioral Health Services (CBHS), DCCS is dedicated to serving Deaf and Hard-of-Hearing clients in San Francisco and Alameda Counties with culturally sensitive providers and all needed communication assistance, including staff fluent in American Sign Language (ASL).

DCCS is committed to continuing the mission of providing quality and innovative mental health services for individuals and children who are Deaf, Hard-of-Hearing, Late Deafened, Deaf-Blind and their families and partners.

Our services include mental health and substance abuse assessment and therapy, psychiatric and medication services, drop-in case management to help Deaf and Hard-of-Hearing persons to access services, and school partnerships to foster academic and social success for Deaf and Hard-of-Hearing students.





Early Crisis Intervention and Eviction Assistance (EAP)

In cooperation with the San Francisco Sheriff's Office, EAP provides early crisis intervention and homeless prevention services to individuals and families at immediate risk of eviction.

The program was created in 1998 and has helped thousands of people in crisis avoid the trauma associated with homelessness and greater vulnerabilities that result from eviction.

The program helps to rescue those who have been pushed to the brink of homelessness by unforeseen hardships and limited resources, due to loss of employment, medical emergencies and other personal misfortune.

After receiving counseling and/or one-time financial assistance from EAP, many go on to remedy their situation and find themselves in a more stable situation. In many cases, it was just the need to overcome that one mountain that provided enough hope and determination to continue the forward movement.

As a result, hope becomes a by-product of the service that helps to empower those in need to push past such an unexpected life scenario.





Full Service Partnership for Transitional Age Youth (TAY)

Felton Institute's Full Service Partnership for Transitional Age Youth (TAY-FSP) assists vulnerable transitional age youth, 16-25, with serious and persistent mental health issues. The program works to stabilize clients and help them

become more independent, productive, and satisfied members of their communities.

TAY partners with clients to assist them in meeting their multidimensional life goals. Main objectives include those concerning education, finding and maintaining gainful employment, personal and professional social skills, interpersonal relationships, housing, overall daily function, personal life satisfaction, self-sufficiency and creative pursuits.

Clients receive specialized and targeted assistance to help them stabilize and make effective transitions to satisfying and constructive adulthood.

The program also works with family members, significant others, and support persons in the lives of each client.

Program services are provided throughout the city and county of San Francisco.



Senior Division



Older Adult Service Team

Comprehensive, specialized, intensive clinical case management and psychiatric services provided for older adults with mental health concerns, which includes substance abuse, to help them maintain independence and dignity while aging in place. The service provides In home and clinic-based services

using evidence-based practices and assessments.

Felton staff receive extensive recovery-oriented training and serve by the principle of “meeting people where they are” in their recovery journey, using community and street-based strategies. We promote recovery-oriented, culturally competent values and employ people with lived experience in senior and executive clinical and administrative roles. The team is committed to client-centered outcomes including full community integration and inclusion.

Clinical Case Managers, Psychiatric Nurse Practitioners and Peer Community Specialists provide evidence-based and evidence-informed mental health interventions. These are powerful tools that provide excellent intervention to older adults living with severe and persistent mental illness.





Senior Full Service Wellness Program (Mental Health Services Act)

This program is a collaborative partnership with other community-based programs and housing partners to support older adults, age 60 and older, in need

of intensive case management and wrap-around services.

Services include mental health and substance abuse treatment, psychiatry and medication support, medical health care, housing assistance and educational support, case management, and peer support.

Following the Mental Health Recovery Model, participants have primary control over their care, and treatment includes hope and other areas of recovery.

Outreach, engagement, and case management are often met best by peers with lived experience who are full members of the treatment team.

Referrals come from the San Francisco Department of Public Health's Behavioral Health Services.





Geriatric Outpatient Mental Health Services

This outpatient program offers comprehensive services to seniors, age 60 and older, who have mental health concerns.

We help individuals maintain independence and dignity to age in place. Services include case management, counseling, and

psychiatric services. We also address substance abuse issues and concerns. In-home and clinic-based services are offered, using evidence-based practices and assessments.

The program helps to raise awareness of psychiatric and mental health disorders affecting older adults. Program objectives aim to help eliminate the stigma of mental illness and treatment, promote healthy aging strategies, and increase access to quality mental health care for the elderly.

A conscious effort is made to focus on public education targeted to the health care consumer and family caregiver about mental health promotion, prevention, and treatment.

Referrals come from walk-ins, family members, community organizations, other mental health clinics, SFDPH Behavioral Health Services, and others.





Community Integration Services / Older Adult Day Support Center

A community integration program for older adults, age 55 and older, with mental health concerns, including substance abuse.

We offer a full range of mental health therapy, focusing on group

work and helping individuals become more connected in the community with other supports and services. The program focuses on partnership with the participant, the family and/or caregiver, the primary care physician, and the community in an effort to work toward maintaining personal independence. The program operates at various locations around San Francisco.

Case Management for Older Adults and Adults with Disabilities

This program offers case management services for older adults and adults with disabilities. The program assists clients in ways that allow them to continue living independently in their own homes, and provides community services and connections to essential supportive programs that help make life more rewarding.





Senior Community Service Employment Program (SCSEP)

SCSEP is a federally funded employment and training program for unemployed, low-income eligible adults, 55 years of age or older, who reside in San Francisco. Funded by the U.S. Department of Labor (DOL), and administered by

National Council on Aging (NCOA), SCSEP is operated by sub-projects throughout the United States. The objective is to foster individual economic self-sufficiency and to increase the number of older persons who may enjoy the benefits of unsubsidized employment in both the public and private sectors. Its goal is to provide employers with trained, motivated workers within the workforce. SCSEP has four major goals. They include:

- To upgrade job skills of older adults for job placement
- To help older adults get involved in his/her community
- To provide added income during training
- To provide a community service

The SCSEP program plays an important role in preparing older adults for unsubsidized jobs in today's competitive job market.

The training program will assist in preparing trainees to gain the necessary skillsets to market themselves in all areas of workforce development.





Economic Security Center for Older Adults (ESC)

ESC is focused on increasing economic security for older adults through economic security casework and service coordination, community forums, and national and local advocacy campaigns.

This program partners with other community agencies to provide this service in the community. Benefit enrollment centers help low-income Medicare-eligible seniors and persons with disabilities to identify and apply for benefit programs.

At each center, a specially trained counselor can answer your questions and help you complete and submit the free applications that can help reduce your monthly bills.

One of the key priorities for an aging America is to enable older adults to enjoy life and live independently in their homes and communities for as long as possible. For those with limited income and resources, additional support can be critical in attaining this goal and avoiding costly hospitalization.

Benefits provide access to healthy food, needed medical care, prescriptions and other supportive services.





Long-term Care Ombudsman Program

The Felton Long-Term Care Ombudsman Program serves as an advocate for vulnerable aging or disabled persons living within a licensed facility. The national program, authorized by the Federal Older American Act, has served the people of San Francisco since 1979.

Ombudsmen are investigators of complaints pertaining to health, safety, welfare, and rights that are the results of actions, inactions, or decisions which may have an adverse effect on the victims. In an attempt to maintain consistency across long-term care facilities, the program randomly sends volunteers and staff to conduct unannounced visits. The objective is to personally witness daily life within the long-term care facility, just as a resident would experience.

Ombudsmen are also crusaders for system change through comments and recommendations on proposed local, state and federal legislation and regulations.

Reaching up to 2,700 clients, the Felton Ombudsman Program visits 19 skilled nursing facilities at least once a week, and visits a total of 76 Resident Care Facilities for the Elderly (RCFEs) at least once a quarter.





Foster Grandparent Program (FGP)

The Foster Grandparent Program offers a multigenerational avenue for developing meaningful relationships, deep connections and shared experiences that are long-lasting. Participants in our Foster Grandparent Program are adults ages 55 and older who offer

support, love and wisdom to children and youth in the San Francisco Bay Area. Foster Grandparents serve between 15 and 30 hours a week in preschools, elementary schools and various community settings.

Foster Grandparents are tutors, mentors and friends who enrich young lives by sharing knowledge and experience through one-on-one classroom activities, group activities, reading support, creative play, field trips and much more. Our Foster Grandparents have a passion for helping children and youth succeed. They bring their unique talents, kindness, focus and consistency to children who often do not have an older adult with whom to connect.

The Foster Grandparent Program offers many benefits to volunteers, children and youth. One of the most important benefits of our program for volunteers is they remain physically and mentally active. Many volunteers report that the quality of their lives is greatly improved through participation in our Foster Grandparent Program.





Senior Companion Program (SCP)

The Felton Senior Companion Program assists frail seniors and disabled adults to maintain the highest quality of life through ongoing efforts, energy and service of our dedicated volunteers within their community. Senior Companions touch the lives of clients who need extra assistance and social support to live independently, and offer respite for caregivers.

Volunteers are a minimum of 55 years old and provide support for 15-20 hours per week with stations in adult day health centers, supportive senior housing, senior centers and local case management agencies.

Volunteers assist their clients with basic but essential tasks including:

- Companionship and friendship to homebound and socially isolated clients
- Assisting with simple chores
- Socializing and engaging with clients
- Offering company during transit
- Offering weekly client-centered home visits, enriching their lives

Participants receive a small hourly tax-free stipend and transportation reimbursement for their significant contribution to the program.





Community Liaisons

The Community Liaisons program allows older adults and people with disabilities to provide welcoming customer service within city departments and community organizations.

The program empowers the participants and increases community involvement overall.

Community Liaisons assist in providing valuable language and cultural access to service connections and help to establish rapport between individuals and the organizations.

Senior Health and Wellness

This program offers outreach and wellness programming to isolated older adults. Projects include Chinese dancing, psycho-education, discussion groups around trauma, and the provision of community connections and neighborhood collaborations among the diverse groups of older adults.





LGBTQ Seniors

Our Senior Division provides an LGBTQ friendly and welcoming experience for our LGBTQ senior clients.

The program provides services designed to recognize and affirm the life experiences of our LGBTQ clients and to assist them in overcoming barriers to access and

utilization of services that are specific to LGBTQ seniors.

Community Services for Seniors and People with Disabilities

Providing activities and service connections, this program helps to meet the needs of the diverse neighborhood residents. In collaboration with multiple community partners, the program offers opportunities for social, educational, intergenerational and wellness activities.

Activities focus on sociability, including gardening, classes to engage with technology, social media, and other group-centric experiences for all participants.





Bipolar Early Assessment and Management (BEAM)

The BEAM program is a community partnership between Felton Institute and San Mateo County Behavioral Health Services.

Bipolar disorder is an illness in which the person cycles through states of mania and/or hypomania,

normal mood and depression. If diagnosed in the early stages of the condition, bipolar disorder is a manageable and treatable illness.

BEAM is committed to transforming the treatment and perception of recent onset bipolar disorder and other mood disorders with psychotic features. By intervening early with evidence-based, culturally competent assessment, diagnosis and interventions, the teen or young adult and their family learn skills to manage the episodic nature of bipolar disorder and other mood disorders.

BEAM is comprehensive and focuses on early intervention. The program is based on a two-year plan designed to put individuals and their families back on track.

Currently Felton Institute runs two BEAM sites in the Bay Area.



Early Psychosis Programs



Felton Early Psychosis Programs

In 2006, Felton partnered with a pioneering group of researchers at the University of California San Francisco to review effective new approaches to schizophrenia being developed by researchers around the world that were not yet reaching patients.

The partnership was formed with a shared vision of what could be done by relying upon research and the experience of other exemplary programs to guide the way. They identified five practices with proven results in treating early psychosis and wove them together into an evidence-based suite of services designed to achieve synergy from their cumulative impact. The result was the Felton Early Psychosis Program—an innovative, strengths-based treatment model for community settings launched in 2008 with a view to effectively remit schizophrenia.

Felton Early Psychosis Programs borrow from effective programs operating in England, Australia, Maine, and Oregon.

Felton Early Psychosis Programs have provided diagnosis and assessment to over 1,500 individuals in five Northern and Central California counties and treatment to over 250 individuals annually.





Training Workshops

The Training and Research division holds expertise across a range of evidence-based/evidence-informed practices and behavioral health topics. Since 2004, the division has helped Felton programs and outside organizations translate science to service through mental health trainings across the Bay Area and beyond. The division works with

multiple partners and stakeholders to bring cutting-edge services to the community.

Continuing education: Felton Institute is an approved continuing education provider by the California Association of Marriage and Family Therapists, the American Psychological Association and the California Board of Registered Nursing.

Cognitive behavioral therapy (CBT) is the most widely used evidence-based psychological treatment for mental health problems. CBT can be useful for a wide range of problems, from sleep difficulty to psychosis.

Cognitive Behavioral Therapy for psychosis (CBTp) for Front Line Providers (FLP) is an evidence-informed approach drawn from CBT that focuses on psychotic disorders. CBTp FLP is appropriate for use by clinicians, case managers, and peer providers.



And Research



Motivational Interviewing (MI) focuses on core communication skills and the process of participating in a motivational conversation. Training emphasizes the Spirit of MI and is individualized to meet the needs of the client and the providers who serve them.

Motivational Care Management (MCM) is a Trauma-Informed model of care that integrates Motivational Interviewing, Strength Based Case Management, culturally relevant assessment, the implementation of outcome measurement and client-centered care planning.

The model aims at engaging innate resilience, targeting better outcomes and improving the quality of life for those who are being served, and reduced compassion fatigue for those providing care.

Specialized Training: Additional one-day specialized trainings are open to the community. The trainings are unique and provocative and focus on topics across the lifespan such as working with immigrants and their families, working with difficult clients, and providing competent care to LGBT clients.



Research Projects

The Training and Research division leverages client- and community-centered research and program evaluation in the service of innovation, health equity and sustainable impact. The division partners across public and private sectors, pursuing research and research-driven program development with the agility and flexibility that a community-based organization affords.



As part of its focus on training and technical assistance initiatives, the division developed a shared decision-making toolkit, Moving Patient Outcomes toward Wellness & Recovery (mPOWR), for community-based healthcare providers funded by the Patient-Centered Outcomes Research Institute (PCORI).

And Research

MPOWR combines an interactive widget, built on the Force.com platform, and paper-based decision aids. This project was conducted in partnership with the University of California, San Francisco and the University of New Mexico.



Other research activities include development of a series of informative brochures and engagement comics about early psychosis, conference posters, presentations, reports and academic publications. One of the more recent articles published in *Early Intervention in Psychiatry* addressed structural and socioeconomic factors driving poor outcomes in early intervention in psychosis services. For more information, visit felton.org.





San Francisco Law Enforcement Assisted Diversion (SF-LEAD)

Felton's LEAD services are provided as part of LEAD SF, a multi-agency collaborative partnership program designed to divert repeat, low-level adult offenders at their earliest contact with law enforcement.

LEAD services are an alternative to jail and prosecution for those experiencing mental health, substance use and co-occurring disorders. The Felton LEAD team works with residents referred in the 16th Street/Mission neighborhood.

Implementing a harm-reduction philosophy, staff provide clinical case management, behavioral health and wellness interventions to support clients in addressing their substance use and/or mental health needs, and support recovery.

Our services foster and encourage individuals to engage in positive, developmentally appropriate pathways, access a support structure that creates and maintains stability in their lives, and helps prevent recidivism.

The program is located in San Francisco.





Promoting Recovery and Services for the Prevention of Recidivism (PRSPR)

Felton's Proposition 47 services are provided as part of San Francisco's larger efforts designed to interrupt the cycle of substance abuse, unaddressed mental health issues, homelessness, and incarceration among adults and transitional age youth (TAY).

Felton staff provides clinical case management, behavioral health, substance use, and wellness interventions to meet the unique developmental needs of vulnerable transitional age youth in recovery.

Clients receive specialized and targeted assistance to help them stabilize and make transitions to satisfying and constructive adulthood.





Felton Engagement Specialist Team (FEST)

FEST is comprised of Engagement Specialists who are skilled case managers working in collaboration with the San Francisco Departments of Public Health, Public Works, Homelessness and Supportive Housing, and the San Francisco Police Department.

The collaboration provides rapid response, community engagement, service linkage and relationship-building assistance to San Franciscans in the Justin Herman Plaza, Castro, Showplace Square, Mission, and Civic Center neighborhoods. The group focuses on those who are insecurely housed or not housed at all.

The Engagement Specialists provide outreach and service linkage to support clients by addressing any combination of substance use, mental health, and physical health needs. The team also attempts to secure temporary or permanent housing and promotes wellness, recovery, and safety for eligible clients.