

Young Family Resource Center

**YFRC** 





TAPP & YFRC are located at:

2730 Bryant St, 2nd Floor San Francisco, CA 94110 ph. 415.695.8300 fx. 415.824.2416

TAPP & YFRC's focus is to empower and provide support to young parents and their families.

TAPP provides a friendly environment for pregnant and parenting teens to receive support and assistance through comprehensive case management services up to age 19. YFRC provides peer-to-peer support to young families up to age 24. All services are free and confidential.

At TAPP \$ YFRC, a pregnant and/or parenting teen can find a person to talk to and assist with:

- · Access to Weekly on-site Farmer's Market
- Family Planning Education and Referrals
- Parenting and Child Development Education
- Childcare Referrals
- Nutritional Counseling for Parent and Baby
- Vocational Services/Job Readiness Training
- School and Academic Support Services/GED Classes
- Shelter/Housing Referrals
- Legal Services Referrals
- Domestic/Relationship Violence Intervention

- Mental Health Therapy/Counseling Referrals
- · Drop-in Resource Center
- Family Art and Cultural Activities
- Early Literacy Groups
- Parent Support Groups
- Computer/Study Areas
- Clothing and Emergency Diapers
- Health Education Workshops
- Childbirth Preparation
- Cal-Fresh/Cal-Works/Medi-Cal Applications

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