



November 2016



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NAMI SF Honors Al Gilbert



Dr. Gifford Boyce-Smith and Al Gilbert

On October 27, 2016, Felton

Spotlight: Vice-President of Human Resources



Lizatte Dalmacio

Felton's Vice-President of Human Resources Lizatte Dalmacio is the eldest of six children, and she exhibits the leadership often attributed to the first born in the family. Her parents are from the Philippines, and because her dad was in the military, the family moved often, but Liz is a Bay Area native who has spent most of her life here.

She credits her mother and father with instilling great values. They focused on the importance of education, hard work, and integrity.

"Never burn your bridges; nothing is impossible as long as you're passionate and work hard for it," Liz remembers fondly.

Institute President and CEO Al Gilbert was awarded the first ever Champion Award by [NAMI San Francisco](#).

NAMI San Francisco is an affiliate of the National Alliance on Mental Illness, which provides support and education to individuals with mental illness and their families. More than 20,000 people are helped each year from the efforts of staff and 150 volunteers. Felton has provided office space for NAMI SF at its administrative offices for several years.

Al was very touched to receive the award from NAMI Board President Dr. Gifford Boyce-Smith at the beginning of a warm and wonderful evening.



Zak Williams, son of the late Robin Williams

The night included poignant and inspirational words from Zak Williams, who emphasized the importance of mental health services and reflected on conversations he wish he had had with his father, the late Robin Williams. Many thanks to

"My dad passed away in 2005, but I can still hear him whisper those words to me daily."

Liz's early education was at private Catholic schools from kindergarten to college. After that, she earned her masters at UC Irvine. Growing up, she always wanted to be a lawyer, "I love the law and the ability to defend and argue about a case. To defend and help the underdogs and those that are wronged have always been my passion. But when I got my first job as Human Resources Administration in South Lake Tahoe, I just fell in love with it!"

"I just worked my way up to excel in this field. I love working with employees at different levels. It's like putting a puzzle together and seeing it come together with my very own eyes. I tell myself – Liz, you were part of this success! I'm very passionate about human resources and can't see myself doing anything else."

Liz joined the Felton Family in September of this year. "Al Gilbert's leadership, his vision and our agency's mission is what attracted me to join. I think that what we do and the services that we provide to our people are amazing. Al's inspiring strategic plan and vision convinced me to be a part of a very passionate and intelligent team.

"All the services that we offer and provide from youth to adult, to all different levels and with such diversity, are extremely exceptional!"

NAMI staff Anne Fischer, Jessica Lobedan, Laura Fischer, and the entire NAMI board.

Bravo! Felton in Milan, Italy



Al Gilbert and NIMH's Dr. Robert Heinsen

In mid-October, Felton President and CEO Al Gilbert and Research and [CCOR](#)[™] (Client-Centered Outcomes Research in Public Mental Health) Director Dr. Nev Jones attended the biennial [conference of the International Early Psychosis Association](#) (IEPA).

Dr. Jones gave two presentations: one on Felton Institute's newly developed toolkits to support students with early psychosis in higher education and a second presentation on vocational outcomes within Felton's [PREP](#) early psychosis programs.



Al and Dr. Jones also presented a poster on young adults' experiences

What Liz finds most rewarding about her work is having a profound and positive impact and helping employees find balance and success in their personal and professional lives.

"The spirit of being Human Resource (HR) leaders is always about improvement and how to make things better – whether we're talking about development, recruiting talent, developing benefit plans, looking at new HR updated tools or making HR processes more efficient. It's an area where I always look at raising the bar and taking people or processes to the next level. This is very exciting and rewarding to me."

Her enthusiastic outlook is something that extends to her personal life. Liz describes herself as a "gym rat." She wakes up every day between 3:00 am and 4:00 am to work out for two to three hours. Having started this discipline in high school, Liz is proud that she rarely misses a day of exercise.

But when it comes to pride, nothing outshines her countenance as she talks about her son, Robert Taylor, who plays safety for the Washington State Cougars.

"I never miss any of his games, whether I'm at the game or watching it on TV. I am also a true blue expert football mom and a football fanatic! I love! love! love! football!"

of sex/sexuality and romantic relationships in the context of early psychosis. The conference provided great opportunities to converse with IEPA leadership about the importance of greater peer involvement and racial/ethnic diversity at the international conferences and to meet with leading international figures in early psychosis research and policy.

"Being engaged with the IEPA community confirms how important our Felton work is contributing to advancing the field in client-centered outcomes and evaluation," Al noted. Felton anticipates participating at the next IEPA conference in Boston in 2018. Dr. Jones will soon join the IEPA's International First Episode Vocational Recovery Workgroup (iFEVR).

Felton Convenes Mental Health Advocates Assembly in Monterey



Dr. Nev Jones, Brandon Staglin,
Dr. Robert Kurtz, Al Gilbert

On November 4, 2016, Felton [PREP](#) (Prevention and Recovery in Early Psychosis) hosted an intimate assembly of mental health

Liz is poised to continue to coach for success in the Superbowl of life.

Felton DCCS at Deaf EXPO



Felton's [Deaf Community Counseling Service](#) team was in full force among over 1,000 attendees at [Deaf Bay Area Expo](#) on October 29, 2016.



The annual event, held at the Alameda County Fairgrounds in Pleasanton on October 29, 2016, attracts people from the Bay Area, Sacramento and beyond. There are many booths, from service providers and vendors, with a plethora of services and products geared toward Deaf individuals.

Noted items include jewelry with

community partners and advocates at Wave Street Studios in Monterey, CA.

PREP Monterey Program Manager Anna Ballas warmly greeted the distinguished guests who chose a box lunch and conversed briefly before the presentation began.

President and CEO Al Gilbert welcomed everyone and PREP Division Director Adriana Furazawa served as MC.



Dr. Robert Kurtz, Adriana Furazawa and Guests

Brandon Staglin, Marketing Communications Director for Staglin Family Vineyard and [One Mind Institute](#), presented "The Promise of Prevention: How Treating Psychosis Early Can Help Youth Thrive", during which he shared poignant details about his own mental health diagnosis and treatment as a teen, and the vision for prodromal programs.

Felton's Dr. Nev Jones, Director of Research and [CCOR™](#), who noted that personal and family experience with schizophrenia has shaped her career, presented the dynamic "Prevention and Early Intervention in Psychosis: State of the Science and Roadmap for the Future".

sign language on them and clocks and doorbells that use a visual flashing light, instead of sounds. Throughout the day, there is entertainment, all in sign language, provided on a stage, plus raffle contests and pizzas from Mozzarella, a Deaf-owned pizza restaurant based in San Francisco.

Felton's Deaf Community Counseling Services was proud to participate and spread awareness about mental health issues. DCCS strives to inform Deaf individuals and families with Deaf children that there are mental health services that they can access from trained, licensed mental health providers who are experienced in working with Deaf adults and children and who are also fluent in sign language. Access to mental health services for Deaf people has been very hard to locate or access in the past and the Deaf population is often recognized as an "underserved population."

Felton DCCS provides services in SF, San Leandro and will soon open a site in Fremont.

Board Biz

Felton's Board of Directors held its annual retreat on October 29, 2016. The day was filled with informative and strategic presentations and one heartwarming one.



Felton's Dr. Robert Kurtz led an engaging Q and A with audience members that inspired many of the leaders to continue their discussions after the event.

Felton's Senior Division Invites You to Celebrate!



Felton | FSA Holiday Party: *Heating Up for the Holidays*

WHEN:

Friday, December 2, 2016
4:30 p.m. to 8:30 p.m.

HOST:

Felton Senior Division
(415) 474-7310

WHERE:

Children, Youth and Family Division
2730 Bryant St.
2nd Floor
San Francisco, CA 94110
(415) 474-7310 Ext. 110



Al Gilbert, Lisa Loughney, Mike Hofman

Long time board member Lisa Loughney was pleasantly surprised when Board Chair Mike N. Hofman and President and CEO Al Gilbert presented her with a gift and a recognition certificate for traveling all the way from Philadelphia, Pennsylvania, to join her fellow board members in the Bay Area.



Katharine "Kitty" Felton

Felton Fact

The shock emanating from the deadly jolt at 5:12 am on April 18, 1906, reverberated across the nation for years to follow, evoking heart-felt empathy and concern on

Please RSVP via your email link or to the Senior Division.



Click image to view a larger map

Giving Tuesday



*help Felton
help others*

Please support us on

"Giving Tuesday"

Tuesday, November 29, 2016

Each year, after Black Friday, traditionally the biggest in-store shopping day and Cyber Monday, traditionally the biggest online shopping day, there is Giving Tuesday—an opportunity to support those who may not be able to shop, even for necessities.

multiple levels. As it did with the victims in the Bay Area, the tragedy negatively impacted people worldwide emotionally, psychologically, and even, financially.

The temblor that triggered the six-week financial Panic of 1907 was the catastrophic earthquake and ensuing fire in San Francisco in 1906. The monumental devastation that claimed 3,000 lives and destroyed nearly 80% of San Francisco and surrounding counties, drew gold out of the world's major money centers. This unexpected financial shift created a liquidity crunch that fueled a recession starting in June of 1907. By late October and early November of that year, the critical event that triggered the run on banks was a failed financial speculation which later spawned the bankruptcy of two brokerage firms.

Back in San Francisco, still reeling from the damage, people continued to endure homelessness, hunger and unemployment in 1907. Katharine "Kitty" Felton and the Associated Charities of San Francisco had placed most families, the widowed and orphaned into make-shift homes and temporary or permanent jobs. From that experience, Kitty fine-tuned the process of placing people into homes and jobs, eventually creating what is believed to be the first employment agency on the West Coast.

Today, Felton Institute continues the tradition of helping with housing by assisting those in legal

On Giving Tuesday, please text "FELTON" to 41444 to donate any amount in support of Felton's life transformative programs.

Thanks very much!



With nearly 40 different programs, Felton helps to serve over 16,000 people in and around the San Francisco area including infants, children, teen-agers, young adults, adults, senior citizens, and families of all races, and religions.

Text "FELTON" TO 41444 to help others today
All donations are tax deductible - Established in 1889

Celebrating Felton's Foster Grandparents and Senior Companions!



Felton's [Foster Grandparent](#) and [Senior Companion](#) (FGPSC) program volunteers were honored at a warm and delicious celebration on Friday, November 4, 2016, at San

or financial crisis with landlords. The Early Crisis Intervention and Eviction Assistance program (EAP) has operated for decades in the city of San Francisco. Because the State of California mandated that publicly funded employment assistance be centralized in Sacramento with associated state-run satellite offices, Felton relinquished those reins to focus on the many other service programs it provides for those in need.

Katharine Felton's legacy lives on 127 years later, with ever increasing expansion. Momentum continues to build with every heart and mind that benefits from Felton Institute's work.

Visitacion Valley Seniors Get Connected



[Felton's Senior Division](#) organized a computer training on November 1, 2016, for 28 enthusiastic, Cantonese speaking seniors at the Visitacion Valley Neighborhood Access Point, our partners on the second floor of 1099 Sunnydale.

Many of the seniors had signed up

Francisco's United Irish Cultural Center.

In the past fiscal year, 65 Foster Grandparents provided 62,339 volunteer hours with 720 San Francisco children and youth; thirteen Senior Companions provided 12,574 volunteer hours with 161 San Francisco seniors and adults with disabilities. Their work has garnered international media interest from Japan's [NHK television station](#) and Europe's [Grosseltern magazine](#).

Felton's Foster Grandparents generously gave of their time at 24 Foster Grandparent volunteer stations, including 15 infant and preschool programs, seven elementary schools, one high school and one counseling center. Senior Companions served at eight Senior Companion volunteer stations comprised of one senior center, two adult day health centers, one PACE program, three supportive senior housing sites, and one Senior Companion Peer Counselor Volunteer site. Felton has welcomed five new Peer Escort Pilot Project sites and three new Peer Counselor program volunteer sites.



Karen Garrison and Mike Hofman

Program Director Karen Garrison kicked off the festivities with opening remarks, followed by a

for low-cost broadband internet access through Felton's partnership with Comcast's Internet Essentials program and sign-up event last summer, but most have never used a computer.

Jenny Mai, a leader of the [Visitacion Valley Neighborhood Association](#) (VVNA), organized the event with Felton and invited the seniors. Wenwen Shi, Google Fiber Digital Inclusion Fellow at San Francisco's Public Library, and library volunteer Julie Kwan taught the introductory class. Wenwen and Julie demonstrated how internet access can be used for learning, planning bus trips to Chinatown, and connecting with family far away.

An event highlight was a YouTube demonstration with a popular Chinese singer –the entire group burst into song!

Special thanks to Susan Murphy and Steven Ludvickson, our partners in the Access Point center for providing the space and computers, and to Felton's Ed Fowler and MSW intern Jack Siu.

Felton's Senior Division looks forward to hosting more computer training in Visitacion Valley soon, and to connecting more people to low-cost broadband internet through the ongoing partnership with Comcast.

View our videos on 

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video greeting from President and CEO Al Gilbert, who was speaking at Felton [PREP](#)'s Monterey meeting at the same time. Al's remarks preceded greetings from the city of San Francisco's Deputy Director of Neighborhood Services Ashley Cheng, Felton's Board Chair Michael N. Hofman and Vice-Chair Amy Solliday, Senior Division Director Cathy Spensley, and Catholic Charities CYO, Program Manager and Senior Companion Site Supervisor Rosa Mendez.

The raffle prizes are a treasured tradition at the annual celebration. Volunteers with matching ticket stubs were delighted as they collected prizes between the lunch courses of green salad, a chicken entree, and chocolate mousse. Of course, all Foster Grandparents and Senior Companions are true winners, as are those who benefit from their dedication.

Thank you, Foster Grandparent and Senior Companion volunteers. We appreciate all that you do!

Your Valued Participation

Felton Institute invests in multiple program divisions that serve the widest spectrum of clients of all ages and backgrounds in San Francisco, the Bay Area and our country.

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