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**SPOTLIGHT**

**Felton FGP Interviewed For International Grandparents Magazine**



Peter Aeschlimann interviews Silk Gaudin

## Felton Adult and TAY Program Director



Jordan Pont, MFT

Jordan Pont, MFT, is a California native who serves as Program Director for Felton's Adult Program and Full Service Partnership for Transitional Age Youth (TAY). TAY programs help provide stability, goal achievement and self-sufficiency to youth, ages 16-25, who are dealing with the challenges of serious and persistent mental illness, substance abuse and homelessness.

Growing up in Modesto with two sisters, Jordan always knew that her vocation would be in the helping profession.

"My dad, who is an OB/GYN, and my mom, who is a nurse, are from the East Coast. Somehow they chose a little Central Valley town that has provided respite from cold weather and warm, loving friends who have become like family. My sisters and I followed

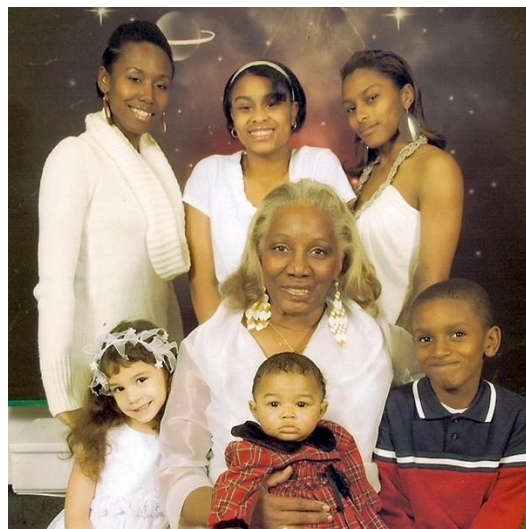
Felton's Foster Grandparent Program will soon be featured in a German magazine [Grosseltern](#) that focuses on Grandparents!

Journalist Peter Aeschlimann visited the Foster Grandparent Program office at 6221 Geary Street on September 1st and interviewed Foster Grandparent and Senior Companion volunteer Silk Gaudin and Program Director Karen Garrison.



Peter, Silk and Karen

Peter Aeschlimann, Silk Gaudin, Karen Garrison In addition to providing grandmotherly care and guidelines for students and supporting teachers in the classroom at Felton's Family Developmental Center, Ms. Gaudin is a grandmother and a great-grandmother. She is pictured with her family below.



Ms. Gaudin and family

our parents example and we all work in healthcare. My family has instilled in me the values of hard work, punctuality, kindness, respect, and a 'you can do it' attitude."

As a college student in the Bay Area, Jordan discovered her life's calling. "I went to undergrad at UC Berkeley--Go Bears!--and majored in Psychology. I completed my Master's in Counseling Psychology with an emphasis in Marriage and Family Therapy at University of San Francisco. I discovered my love for counseling after taking a Human Sexuality course at Cal taught by a couples counselor. When he lectured on humans' responses to conflict, I was hooked!

"I've always liked learning about people; their story, their family life, their struggles, and their strengths. I'm also pretty sensitive and am a critical thinker, so talking, problem solving, and helping as a profession just clicked with me!"

Jordan lived in Hermosa Beach briefly, but she was homesick and returned to the Bay Area where both of her sisters and her brother-in-law also live. Before coming aboard in 2009, she worked at a school for severely emotionally disturbed children. Jordan's journey to the Felton family began through mutual friends at a bar.

"I actually met Murray Shortall, our psychiatric nurse practitioner in the Adult Division, at a bar

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## Felton Staff Prepping to Present at ICHR Conference



Dr. Nev Jones, Adriana Furuzawa and Anna Ballas

This is the first year that Felton Institute has been a sponsor of the International Consortium on Hallucination Research (ICHR) conference! Felton's Director of Research and Evaluation Dr. Nev Jones, PREP (Prevention and Recovery in Early Psychosis) Division Director Adriana Furuzawa, and PREP Monterey Program Manager Anna Ballas are preparing for presentations at the satellite conference ICHR '16 taking place in Chicago from September 25th through September 28th.

Dr. Jones, who has presented at previous ICHR conferences, is a member of the steering committee of this prestigious inaugural North American gathering that will feature leading researchers, clinicians and thought leaders from Europe, the United Kingdom, Australia and the US with parallel research and clinical tracks.

For more information about the conference, visit [ichr2016.org](http://ichr2016.org)

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while watching football, and we're both still at Felton today," Jordan smiles.

"I knew I wanted to provide therapy to a very deserving population, but I was new to case management. The first few weeks outreaching were interesting, to say the least! I luckily had amazing co-workers to guide and support me." She finds her work intense and simultaneously very rewarding.

"Sometimes a colleague or client says something positive or makes a change that reinforces that we do amazing work. We're right there with the clients, at their homes, at the doctor's office, sitting with them while they get their teeth cleaned, outreaching to them on the streets, and meeting their families and friends. We become a part of their lives, and inevitably, they become a part of ours. It feels good to know that the work we are doing has great impact in our community and beyond."

Jordan adds, "I have watched clients and colleagues get married, and welcome children into their lives, and it's been beautiful getting to be a part of that."

When she's not working, Jordan savors yoga, hiking, quiet walks and time with family and friends. She loves plants and jokes that her apartment and her office are mini-greenhouses.

As for her favorite, her eyes shine as she shares, "my late

## Felton Research and Training Hosts Voice – Hearing Training with England's Dr. Eleanor Longden and Dr. Charlie Heriot–Maitland



Dr. Eleanor Longden Dr. Charlie Heriot–Maitland

Dr. Eleanor Longden and Dr. Charlie Heriot–Maitland, who are also presenting at ICHR, will then head to the Bay Area to facilitate an innovative workshop focusing on Compassion Focused Therapy (CFT) Approach to Voice–Hearing hosted by Felton's Research and Training Institute on Friday, September 30th.

Dr. Longden is a research psychologist with lived experience of psychosis whose international lectures include TED and WHO events. She works at the Psychosis Research Unit (PRU) in Manchester, England.

Dr. Heriot–Maitland is a clinical psychologist, researcher and trainer at King's College London. He is currently researching the application of Compassion–Focused Therapy for people experiencing distress in relation to psychosis.

"We at Felton are very excited to bring this Compassion Focused

godfather left me an orchid, and it always blooms in August, my birthday month".

Just as she nurtures her plants, Jordan also practices self-care. "I can get burned out if I don't take care of myself. In order to help others, you have to restore yourself."

And that practice makes it possible to follow her family credo, "show up and show up on time."

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## Meet The Felton Board



Michael N. Hofman Dr. H. Westley Clark

Each month, we invite you to learn more about the dedicated and gifted members of Felton's Board of Directors. To read more about the entire board, please visit [felton.org](http://felton.org).

Michael N. Hofman, Board Chair, is the Executive Vice President of Janet Moyer Landscaping (JML), a San Francisco based full service landscaping company which focuses on residential landscaping design, building and maintaining services. He is a certified arborist, certified

Therapy (CFT), a cutting edge clinical practice, from the UK to the US. Eleanor and Charlie are internationally renowned advocates in this field. With this workshop, we are front runners in bringing this unique and innovative approach to the United States. Our hope is that this will lead to future collaborations," Dr. Nev Jones enthused.

The goal of Compassion Focused Therapy is to help people regulate threat processing by building internal feelings of safety and affiliation and by providing practices that facilitate the development of compassion toward self, others, voices and dissociated parts.

The workshop will take place from 9:30 AM to 4:30 PM at the First Unitarian Universalist Church, 1187 Franklin Street San Francisco, CA.

It is intended for clinicians, case managers, and others providing mental health services.

For more information, visit [this site](#) or contact Felton's Training Manager Anthony Vasquez at [avasquez@felton.org](mailto:avasquez@felton.org) or (415) 474-7310 ext 707.

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irrigation contractor, certified landscape irrigation auditor and certified irrigation designer.

Since Mr. Hofman joined JML in 1992 (started in 1990 by his wife Janet Moyer), he has helped transform the company from a sole proprietorship into a successful corporation, with increasing revenues and profitability. In 2014, the Hofmans initiated a stock gift program to JML employees, so now, employees own 40% of the company. Before joining JML, he had a successful career in healthcare information systems and held management positions with several San Francisco Bay Area companies including Performance Factors, Inc., JDA, and French Hospital Medical Center.

Mr. Hofman has served on the Felton Institute Board for many years and was instrumental in establishing the board's nomination and recruitment process. His service to Felton began in 1988 as a volunteer, which then led to board membership in the early 1990's. Mr. Hofman is also on the Board of CIRCE Software Inc., Felton's wholly owned for-profit software firm.

He earned a Bachelor of Arts degree from Dartmouth College and a Master's degree in health administration from the University of Colorado.

Dr. H. Westley Clark, Dean's Executive Professor of Public Health at Santa Clara University in



Katharine "Kitty" Felton

## Felton Fact From The Beginning

During the early 1900's, in Katharine "Kitty" Felton's day, it was not uncommon for unscrupulous people to walk the streets of San Francisco asking for donations allegedly to help the many homeless children which populated the alleys and dark corners of the city, only to disappear with the change they received, leaving the children to fend for themselves.

Many adults were victims of kidnapping. San Francisco was a hub for human prospectors looking to nab an unsuspecting victim to serve as unwilling crew members for clipper ships of the day heading for China. Then once on foreign land, the victims were sold into slavery.

A stranger walking through the doors of a pub might become the victim of "crimpers" (people who harvest sailors by abducting them and subjecting them to forced labor). If the stranger ordered a drink in just the right spot in front of the bar, a

Santa Clara, California, joined Felton's Board of Directors in April 2015. Dr. Clark's lifetime of dedication to the improvement of health, particularly in the areas of addiction and recovery, are in direct alignment with Felton Institute's mission of responding to human needs by providing cutting edge, evidence-based social services that transform lives.

His numerous awards include the 2013 Life Time Achievement Award from the American Public Health Association, the 2013 Public Policy Award from the American Society of Addiction Medicine, the 2011 Gold Key Award from the National Council on Alcoholism and Drug Dependence, and the U.S. Department of Health and Human Services Secretary's Award in 2004 and 2006.

Dr. Clark earned his B.A. at Wayne State University, his M.P.H and M.D. at University of Michigan, and his J.D. at Harvard Law School.

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## Your Valued Participation

Felton Institute invests in multiple program divisions that serve the widest spectrum of clients of all ages and backgrounds in San Francisco, the Bay Area and our country.

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trap floor-door could quickly be triggered and closed and the perpetrators scored another pay day.

The word "wild" in the phrase "Wild West" was no misnomer and corporations were on guard.

But once Kitty Felton's reputation of confirmed integrity spread throughout the city of San Francisco, these same companies agreed to help fund projects organized by the agency that Dr. Felton directed.

At the time, the fledgling American Red Cross was reluctant to release any funds to any department of the city of San Francisco, or to any business or individual. But again, they were willing to turn over funds directly to Katharine Felton and the Associated Charities of San Francisco, because of her spotless and unwavering moral and ethical character.


From the beginning, thanks to the authentic and sincere intentions of Dr. Katharine Felton and the virtue that made up her life's work, Felton Institute has vigilantly perpetuated the commitment to excellence, integrity and the empowering of those in need.

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## Felton's Influence & You




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"Grandma Connie," Grandma Alicia" and  
Volunteer Coordinator Tieu Ly

It's often said that great colleagues are kindred spirits, but in the case of Connie Ye and Alicia Amatonding, they are actually kin, sisters who both serve as Foster Grandparents at Felton's Family Developmental Center.

Connie and Alicia grew up in the Phillipines, but the Bay Area has been home for many years. After retirement, Connie grew bored at home and told her husband that she was going to look for a meaningful volunteer experience. When she was accepted in the Foster Grandparent Program, "I was so excited," Connie recalls. "I told my sister, they're going to hire us! You have to come with me." And, as a dutiful younger sister, Alicia did as told.

"It makes me feel happy! It makes me feel young, taking care of children," Alicia smiles.

Now in its 51st year, Felton's Foster Grandparent Program was one of 20 original national pilot projects. Limited-income, mobile seniors, ages 55 and older, receive small stipends for providing support services for 20 hours a week to children with special needs. They develop one-to-one



consistent relationships with the children by tutoring, mentoring and providing emotional support.

Watch their story at [this link](#).

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