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## SPOTLIGHT: Dr. Philip Tsui: Felton Clinical Training Specialist

Dr. Philip Tsui is an internationally acclaimed Clinical Training Specialist with a focus on services for LGBT seniors and bringing cultural competency to care. Dr. Tsui brings over 30 years of experience in behavioral health to Felton, having provided training throughout the United States, as well as in Hong Kong, Macau, Singapore, Taipei and Tokyo. His work in San Francisco includes eight years with Asian Pacific Islander Wellness Center serving the LGBT community as well as serving as Program Director at Richmond Area Multi Services, (RAMS) and as a member of the Board of Directors of San Francisco AIDS Foundation.

Now 65, despite his many achievements, Dr. Tsui still remembers what it felt like growing up in extreme poverty in Hong Kong. The memories of hungry days and nights give him special empathy for Felton's clients of all ages with multiple needs.

"My mother, who is now in a nursing



January 14, 2016 declared Foster Grandparent Day in San Francisco

## Felton Celebrates Foster Grandparent Program's 50th Anniversary and Senior Companions 41st Year

Felton Institute: Family Service Agency of San Francisco's commemoration of the 50th Anniversary of the Foster Grandparent Program and 41st Anniversary of the Senior Companion Program was an inspirational celebration at the Gap Corporate Café on Folsom Street in San Francisco. On behalf of Mayor Ed Lee, Deputy Director of Neighborhood Services Ashley Cheng presented Felton President and CEO Al Gilbert with a proclamation recognizing January 14, 2016, as Foster Grandparent Program Day in San Francisco.

home in Hong Kong, was just amazing. She was brought up in old China, when girls could not get an education. She taught herself to read Chinese, and she worked two jobs to support the family. We had to worry about food on the table day after day."

Philip came to the United States as a teenager, living in Michigan, Minnesota, and New Jersey, before finding his home in San Francisco. "For a young gay man, San Francisco was the Mecca that beckoned."

When it came to choosing a career, he made a brief stop at law school before discovering that, although he liked the law, social work seemed like the vocation through which he could make some contribution to society. "I ran into friends who were social workers and psychologists. I wanted to do meaningful work and make a decent paycheck." He had no idea how impactful his work would become.

"I think that having the opportunity to be one of the foot soldiers in combating the HIV epidemic is one of the more meaningful things in my life. I was able to work with a lot of struggling immigrant clients; this really made me feel like I made a difference—not to mention also being able to impact the careers of younger social service mental health professionals."

"I am excited about the opportunity here at Felton to provide training for serving LGBT Seniors. I belong to the Baby Boomer generation who survived the HIV/AIDs epidemic. This is a chance to bring some of my expertise to another generation of service providers. Many LGBT seniors are not being taken care of by their biological families and rely on government



Al Gilbert, President & CEO and Deputy Director Ashley Cheng

Congresswoman Nancy Pelosi sent greetings, which were read by Michael N. Hofman, Felton's Chairman of the Board of Directors.

Felton's Foster Grandparent Program was one of 20 original national pilot projects. Limited-income, mobile seniors, ages 55 and older, receive small stipends for providing support services for 20 hours a week to children with special needs. Seniors serve in classrooms, pre-schools, and children's units in hospitals. They develop one-to-one consistent relationships with the children, by tutoring, mentoring, and providing emotional support.

agencies to care for them. They are socially isolated and lack a social support network. Some of their major mental health and social service challenges include being gravely affected by survivor's guilt having lived through the HIV pandemic and dealing with the trauma of multiple losses."

Dr. Tsui's expertise with the impact of dementia on LGBT seniors has both a professional and personal dimension. "My mother has middle stage Alzheimer's disease. My brother is there with her in Hong Kong, and I visit her as often I can." He deeply comprehends the complexity of the needs of seniors and their families. And he treasures the memories of his mother's advice.

"Ever since I was a boy, she would tell us –we might not be rich, but we wear clean clothes. She would remind us to study hard. And if she could speak clearly to me right now, I believe she would say – you make a decent living, you're a good man, and you take care of your mother – I think she would be proud of me."

Publications of Dr. Tsui are listed below:

**Power and intimacy:  
Caucasian/Asian gay relationship  
as an indicator of self-oppression  
among gay Asian males** Tsui, Philip  
Asian American Psychological  
Association Journal., 1986, pp. 59-61  
(PsycINFO Database Record (c) 2005  
APA, all rights reserved)

**Ethnic Factors in Group Process:  
Cultural dynamics in multi-ethnic  
therapy groups.** doi:

<http://dx.doi.org/10.1111/j.1939-0025.1988.tb01573.x> By Tsui, Philip;



The Senior Companion Program, also founded in the late 1960's, is a program through which limited-income, mobile seniors provide companionship services 15-30 hours per week to frail, isolated, and homebound seniors, ages 55 and older. Participants serve in adult day health centers and senior centers, engaging at-risk seniors in on-site activities. Senior companions are supervised by case managers.

Felton President and CEO Al Gilbert, praised the volunteers, saying,

*"Your work inspires me. I am so appreciative of the commitment, energy and love that our seniors share with individuals at both ends of the age spectrum. Thank you for continuing this legacy with your service."*

More than 130 people braved heavy rains to attend the celebration to the delight of Mistress of Ceremony Karen Garrison, the dedicated Program Director of the Foster Grandparent and Senior Companion Programs. Felton Senior Division Director Cathy Spensley introduced dignitaries, including Roy Earnest, Program Specialist for the Corporation for National and Community Service (CNCS), who presented Cathy

Schultz, Gail L. American Journal of Orthopsychiatry, Vol 58(1), Jan 1988, 136-142.

**Failure of Rapport: Why psychotherapeutic engagement fails in the treatment of Asian clients.** doi:

<http://dx.doi.org/10.1111/j.1939-0025.1985.tb02706.x> By Tsui, Philip; Schultz, Gail L. American Journal of Orthopsychiatry, Vol 55(4), Oct 1985, 561-569

***"The Dynamics of Cultural and Power Relations in Group Therapy"***

by Tsui, Philip in Evelyn Lee, (ed) Working with Asian Americans: A Guide for Clinicians (New York: Guilford Press 1997)



Michael N. Hofman, Felton Board Chair

## Felton Board Chair Michael N. Hofman: Local Hero

Many of us know Mike Hofman as Felton's Chairman of the Board of the

and Karen Garrison with a formal recognition, then distributed treasured 50th Anniversary commemorative pins to all.



Karen Garrison, Amy Solliday,  
Roy Earnest and Cathy Spensley

The celebration was filled with reconnecting with familiar faces and warm remembrances, like those of Ashley Cheng.

Click below to watch Deputy Director of Neighborhood Services Ashley Cheng's presentation.



Deputy Director Cheng shared,

*"When my daughters were in pre-school, they benefited from the Foster Grandparents Program."*

Her daughters are now nine and six years old. Cheng believes the lessons learned from Felton's Foster

Directors who has dedicated more than two decades to our agency, but a San Francisco Chronicle article by C.W. Nevius on January 4, 2016, revealed another dimension of his life. Mike is Vice-President of Janet Moyer Landscaping, and he and his wife Janet have provided some happy endings for smash and grab victims who feared they might never again see their valuables that were stolen.

Visit the following link to read Chronicle article:  
<http://sfchron.cl/20LUU97>

Three times a week Mike and Janet hike up to Twin Peaks picking up trash. They often find purses, backpacks and wallets discarded by thieves. Then they track down the crime victims and return passports, drivers' licenses, and other treasures.

When they mailed a purse to a woman in Nevada, she called with a tearful thank you, sharing that her car had not been burglarized, but that she had been robbed.

There are many sobering stories. Over the last five years of Mike and Janet's invaluable community service, robberies have increased in San Francisco, and so has their determination to return as many items as possible.

Recently, Tiana Vela's car window was smashed and her purse was stolen while showing a visiting relative the beauty of Twin Peaks. When Mike and Janet hand delivered her favorite purse to her, she cried tears of relief. It is moments like that which continue to motivate Mike's Twin Peaks treks.

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Grandparents have served them well: lessons of patience, how to talk to seniors, and the enjoyment of shared stories.

*"I felt so much comfort that not only were the teachers in the classroom, but also, the foster grandparents were there."*



Amy Solliday, Felton Board Human Resources Committee Chair and Vice-President of Old Navy Store Operations, was a genial host, warmly acknowledging Felton staff and board members and commending the extraordinary individuals who serve in the Foster Grandparent and Senior Companion programs. One such participant is Silk Gaudin, a vibrant and joyful 71 year old grandmother and great-grandmother who swims and practices yoga and Qigong.



Katharine "Kitty" Felton

## Felton Fact

Late in 1922, all the social agencies of San Francisco united under the newly formed Community Chest, of which our founder Katharine Felton was one of the organizers. It coordinated all relief and welfare work in San Francisco, enabling accredited agencies to carry on their work through one central fund.

This Felton Fact comes from Jean Burton's book *Katharine Felton and Her Social Work in San Francisco.*

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## Your Valued Participation

With your help, Felton Institute can continue to be the answer for many men, women and children in need.



Reflecting on the anniversary celebration that she attended with her son and daughter, she smiled.

*"It was a beautiful celebration! Being a foster grandparent is a wonderful opportunity to influence a child for the better. Thirty or forty years ago, you had the whole community to look out for your children. That's what we try to do with Foster Grandparents."*

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Your gift of any amount will make a difference to people living among us who require social services, mental health care and ongoing intensive care management.

With a greater demand, more resources are required. Your support can help even more people get their lives back on track. Please consider sending a tax-deductible donation to Felton Institute today.

We thank you for being a friend and a partner and helping us pay it forward.


► Take Action

View our videos on 

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Forward this email  
to a friend 



Ted Jang, SCSEP

## Felton's Influence & You

Felton Institute invests in multiple program divisions that serve the widest spectrum of clients of all ages and backgrounds in San Francisco, the Bay Area and our country.

Chances are you've come in contact with one or several of the programs Felton manages within the immediate Bay Area. However, we would like to take a moment to introduce this month's featured program.

## Felton Featured Program

Senior Community Service Employment Program (SCSEP) provides workforce training for older adults, age 55 and older, in community service organizations and government departments, leading to permanent job placement, including jobs in the private sector.

Ted Jang had an extensive background as an administrative assistant and photographer at Hastings Law School. After the 2008 economic downturn, he found himself unemployed and experienced a sense of hopelessness.



Fortunately, a series of events led Mr. Jang to SCSEP. He now benefits from the program and, as an Employment Facilitator Trainee, helps other seniors find employment.

Speaking about his personal experience with SCSEP, Ted says:

*"I finally felt there was a light at the end of the tunnel brimming brighter –like the sun filtering through darkened clouds; instead of a feeling of hopelessness, there was such a thing as hope."*

Ted is grateful that SCSEP provides older adults with purpose and a sense of worth.

*"I want to thank SCSEP for saving my life and giving me the opportunity to start anew with dignity. SCSEP offers the chance to live again."*

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