



Staff Therapist (San Mateo County)

Prevention and Recovery in Early Psychosis (PREP) Program

Bipolar Disorder Early Assessment and Management (BEAM) Program

Agency Overview

Founded in 1889, Family Service Agency of San Francisco (FSASF) is the oldest nonsectarian, nonprofit charitable social-services provider in the City and County of San Francisco. Our mission is to strengthen families by providing caring, effective, and innovative social services, with special emphasis on the needs of low-income families, children, and the elderly and disabled people, thus improving the quality of life for all San Franciscans.

Program Description

Prevention and Recovery in Early Psychosis (PREP) and Bipolar Disorder Early Assessment and Management (BEAM) are programs at FSASF that operate in partnership with the University California, San Francisco (UCSF). The PREP program is dedicated to early detection of psychosis and early delivery of care with a multi-disciplinary approach to treatment. The program combines a series of evidence-based treatments in Strength-based Care Management, Medication Management, Multi-family Group Therapy, Cognitive Behavioral Therapy for Early Psychosis, Vocational Rehabilitation and Cognitive Training to address the issue early and bring the symptoms to full remediation. The BEAM program provides evidenced-based interventions for adolescents and young adults experiencing recent onset of Bipolar I Disorder.

Job Description

Evaluates needs of clients and develops treatment plan in coordination with others for individuals with mental, emotional, or substance abuse problems. Provide reliable and evidence-based assessment using the SCID interview. Provide evidenced-based therapeutic interventions using adapted cognitive behavioral therapy (CBT for Psychosis, CBT for Bipolar Disorder). May also assist with family problems; suicide; stress management; problems with self-esteem and assisting clients in applying for and obtaining other social services while providing a safe and supportive environment for agency's clientele and adhering to laws regarding confidentiality and reporting requirements. Activities may include responding to potential program referrals, completion of intake documents, crisis intervention, case management, client advocacy, prevention, and education. The therapist maintains accurate detailed documentation in an electronic medical record system.

Program Specific Responsibilities

Conduct intake interviews and diagnostic evaluations with adolescents, young adults (14-35) and parents to develop treatment plan.

- Provide evidence-based treatment intervention, including CBT for Psychosis or CBT for Bipolar Disorder, family psycho-education, multi-family groups, case management, and crisis intervention.
- Collaborate closely with community providers; make referrals to other community and mental health agencies when indicated; make referrals to other community and mental health agencies when needed.
- Provide community outreach and presentations.
- Answer intake and referral calls as assigned.

Minimum Qualifications

- A minimum of two years of direct service experience providing therapeutic interventions for an at-risk or mentally ill population required.
- Master's Degree in Social Work or Marriage and Family Therapy required. Licensed with the California Board of Behavioral Science (BBS) preferred or registered with the California BBS as an intern (ASW or MFTI).
- Familiarity with San Mateo County mental health services, community resources and TAY client population preferred.
- Knowledge of State and Federal requirements for documentation and reporting
- Knowledge of Medi-cal documentation standards preferred
- Knowledge of AVATAR preferred
- Open to learning and implementing Evidenced-Based Practices
- Strong assessment skills with reference to the DSM IV-R and well-developed interviewing skills
- Bi-lingual Spanish or Asian highly desired

Additional Information

Division: PREP

Position: 100%

Location: San Mateo, CA

Reports to: Clinical Program Manager

SEND RESUMES TO:

Molly Henricks

Clinical Program Manager

Felton Institute/Family Service Agency of San Francisco

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